# Canadian Community Health Survey (CCHS) Cycle 1.1 

## Derived Variable (DV) Specifications

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## Geographic Variables (1 DV)

## 1) Health Regions

Variable name: GEOADPMF
Based on: GEOA_HR4
Description: This variable is a 5 -digit number that identifies the sub-provincial health areas. It is based on the
4-digit health regions specified by the Provincial Ministries of Health. This reconstruction is as follows:

- positions 1-2 (first two positions of GEOA_HR4);
- position 3 (value of "9");
- positions 4-5 (3rd, 4th position of GEOA_HR4)

In order to ensure regions meet the minimum population size of 70,000, the following regions have been collapsed:

```
10904=1004,1005,1006;
13904=1304,1305;
13905=1306,1307;
35939=3539,3554;
35947=3547,3563;
46915=4615,4650,4655;
46920=4620,4625;
46960=4660,4670,4680;
47901=4701,4702,4703;
47905=4705,4708;
47907=4707,4710;
47909=4709,4711;
48903=4803,4805;
48908=4808,4809;
48914=4814 to 4817;
59942=5942, 5943;
59951=5951,5953
60901=6001,6101,6201;
```


## Dwelling and Household Record Variables (4 DVs)

## 1) One or more persons in household with age $<=5$

Variable name: DHHAGLE5
Based on: PERSONID, DHHA_AGE
Description: The following variable indicates whether or not there are people living within a household whose age is less than 6 years old.

| Value of DHHAGLE5 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | DHHAGLE5 = none |  |
| 1 | DHHAGLE5 = 1 or more | Respondent didn't answer (don't <br> know, refusal, not stated) |
| NS | DHHAGLE5 = NS |  |

## 2) One or more persons in a household with age 6 to 11

Variable name: DHHAG611
Based on: PERSONID, DHHA_AGE
Description: The following variable indicates whether or not there are people living within a household whose age is between 6 and 11 years old.

| Value of DHHAG611 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | DHHAGL611 = none |  |
| 1 | DHHAGL611 = 1 or more |  |
| NS | DHHAGL611 = NS | Respondent didn't answer (don't <br> know, refusal, not stated) |

## 3) One or more persons in a household with age less than 12

Variable name: DHHAGL12
Based on: PERSONID, DHHA_AGE
Description: The following variable indicates whether or not there are people living within a household whose age is less than 12 years old.

| Value of DHHAGL12 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | DHHAGL12 = none |  |
| 1 | DHHAGL12 $=1$ or more | Respondent didn't answer (don't <br> know, refusal, not stated) |
| NS | DHHAGL12 = NS |  |

## 4) Living/family arrangement of selected respondent

Variable name: DHHAGLVG
Based on: RE_REL of selected respondent only
Description: The following variable that describes the family relationships between the selected respondent and the rest of the household is collected using a set of relationship codes that define a link between each person in a household. All relationships with the selected respondent within each sample (relationship of selected respondent to each other person within the household) are used in the calculation of this variable.

## Temporary Reformats

| Reformat | Explanation |
| :---: | :---: |
| RELATIONSHIP CODES: (*as on the relationship file) | Relationship Codes used |
| CODES CATEGORY |  |
| A0 Husband/Wife |  |
| B0 Common Law Partner |  |
| C0 Same-sex Partner |  |
| D1 Birth Father/Mother |  |
| D2 Step Father/Mother |  |
| D3 Adoptive Father/Mother |  |
| E1 Birth Child |  |
| E2 Step Child |  |
| E3 Adopted Child |  |
| F1 Full Sister/Brother |  |
| F2 Half Sister/Brother |  |
| F3 Step Sister/Brother |  |
| F4 Adopted Sister/Brother |  |
| F5 Foster Sister/Brother |  |
| G0 Foster Parent |  |
| H0 Foster Child |  |
| I0 Grandparent |  |
| J0 Grandchild |  |
| K0 In-Law |  |
| LO Other Related |  |
| Y1 Single |  |
| Z0 Unrelated |  |
| A1 =(Parental) D1, D2, D3 | Temporary recodes to collapse relationships |
| B1=(Child) E1, E2, E3 |  |
| $\mathrm{C} 1=$ (Sibling) F1, F2, F3, F4 |  |
| $\mathrm{K} 1=$ (Other relative) $\mathrm{IO}, \mathrm{JO}, \mathrm{KO}, \mathrm{LO}$ |  |
| L1 =(Non-relative) F5*, G0*, H0*, Z0 |  |
| X1 =(Spouse/Partner) A0, B0, C0 |  |
| Z1=(Not stated) NS |  |

* All Foster relationships (foster sister/brother, parent, or child) have been recoded into the Other relationship category.

| Value of DHHADLVG | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | DHHADHSZ = 1 <br> Selected respondent lives alone. Household size=1. | Unattached Individual Living Alone |
| 2 | All RE_REL <> X1 and A1 <br> The respondent lives with other people. S/he cannot have a marital/common-law or parental relationship but other relationships such as siblings are allowed. | Unattached Individual Living With Others |
| 3 | DHHADHSZ = 2, and RE_REL = X1 Selected respondent lives with spouse/partner only. Household size $=2$. | Spouse/Partner Living With Spouse/Partner |
| 4 | DHHADHSZ > 2 and <br> One RE_REL = X1 and all other RE_REL = A1 <br> Selected respondent lives with spouse/partner and child(ren). | Parent Living With Spouse/Partner And Children |
| 5 | All RE_REL = A1 <br> Selected respondent lives with child(ren). No other relationships are permitted. | Single Parent Living With Children |
| 6 | DHHADHSZ = 2 and <br> RE_REL = B1 <br> or <br> DHHADHSZ > 2 and <br> One RE_REL = B1 and all other <br> RE_REL = C1 <br> Selected respondent is a child living with a single parent with or without siblings | Child Living With Single Parent with or without siblings |
| 7 | DHHADHSZ = 3 and <br> All RE_REL = B1 <br> or <br> DHHADHSZ > 3 and <br> Two RE_REL = B1 and all other RE_REL = C1 <br> Selected respondent is a child living with two parents with or without siblings. | Child Living With Two Parents with or without siblings |
| 8 | Else | Other <br> Selected respondent lives in a household composition not classified above. |
| NS | Any RE_REL = Z1 | Not Stated |

## Education Variables (2 DVs)

## 1) Highest level of education - respondent, 4 levels

Variable name: EDUADR04
Based on: EDUA_1, EDUA_2, EDUA_3, EDUA_4
Description: The following variable describes the highest level of education acquired by the respondent.

| Value of EDUADR04 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | [(EDUA_1 $=1$ or 2) or <br> EDUA_2 $=2]$ and <br> EDUA_3 $=2$ | Less than secondary school <br> graduation |
| 2 | EDUA_2 $=1$ and <br> EDUA_3 $=2$ | Secondary school graduation, no <br> post-secondary education |
| 3 | EDUA_4 $=1$ | Some post-secondary education |
| 4 | EDUA_4 $>=2$ and $<=6$ | Post-secondary degree/diploma |
| NS | (EDUA_2 $=$ DK, R, or NS) or <br> (EDUA_3 $=$ DK, R, or NS) or | Respondent didn't answer (don't <br> know, refusal, not stated) at least <br> one question required for <br> calculation |
|  | (EDUA_4 $=$ DK, R, or NS) |  |

## 2) Highest level of education - household, 4 levels

Variable name: EDUADH04
Based on: EDUADR04 for each member of the household
Description: The following variable describes the highest level of education acquired by any member of the household.
Technical Specs: Temporarily creates EDUADR04 for each member of the household (all PERSONID within SAMPLEID). Compare these values of EDUADR04 within the household and return the highest value. If any PERSONID has EDUADR04 of NS (not stated) then return NS. If all of EDUADR04 are NA (not applicable) then return NA.

| Value of EDUADR04 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | $[($ EDUA_1 $=1$ or 2) or <br> EDUA_2 $=2]$ and <br> EDUA_3 $=2$ | Less than secondary school <br> graduation |
| 2 | EDUA_2 $=1$ and <br> EDUA_3 $=2$ | Secondary school graduation, no <br> post-secondary education |
| 3 | EDUA_4 =1 | Some post-secondary education |
| 4 | EDUA_4 >=2 and $<=6$ | Post-secondary degree/diploma |
| NS | (EDUA_2 $=$ DK, R, or NS) or <br> (EDUA_3 $=$ DK, R, or NS) or <br> (EDUA_4 $=$ DK, R, or NS) | Respondent didn't answer (don't <br> know, refusal, not stated) at least <br> one question required for <br> calculation |

## General Health (1 DV)

## 1) Health description index

Variable name: GENADHDI
Based on: GENA_01
Description: The following variable describes the respondent's health status based on his or her own judgement. Higher scores indicate positive self-reported health status.

| Value of GENADHDI | Condition(s) |  |
| :---: | :--- | :--- |
| 0 | GENA_01 $=5$ | Poor |
| 1 | GENA $01=4$ | Fair |
| 2 | GENA 01 $=3$ | Good |
| 3 | GENA 01 $=2$ | Very good |
| 4 | GENA 01 $=1$ | Excellent |
| NS | GENA 01 $>6$ | Unknown |

## Height/Weight (4 DVs)

## 1) Height (metres)

Variable name: HWTAGHT
Based on: HWTA_2 and HWTA_2A to HWTA_2F.
Description: The following variable gives the height of the respondent in metres. For example, an individual who is 5 feet and 8 inches will have a height of 1.727 metres. The 1.727 is the midpoint of the range (1.715-1.739) around the height 5 feet and 8 inches. The range values were calculated as follows for an individual who is $5^{\prime \prime} 8^{\prime \prime}$ : LOWER LIMIT: Take the exact value in metres for a person who is $5^{\prime} 7$ " and average it with the value for $5^{\prime} 8^{\prime \prime}$. UPPER LIMIT: Take the exact value in metres for a person who is $5^{\prime \prime} 9^{\prime \prime}$ and average it with the value for $5^{\prime} 8^{\prime \prime}$ then subtract 0.001 from it. In order to ensure certain individuals were not identifiable, some records have been collapsed as indicated in table below:

| Value of HWTAGHT | Condition | Explanation |
| :---: | :---: | :---: |
| 1 | (HWTA_2 = 3) and (HWTA_2C = 8) | HWTADHTM < = 1.118 |
| 2 | (HWTA_2 = 3) and (HWTA_2C = 9) | HWTADHTM $=1.143$ |
| 3 | (HWTA_2 = 3) and (HWTA_2C = 10) | HWTADHTM $=1.168$ |
| 4 | (HWTA_2 = 3) and (HWTA_2C = 11) | HWTADHTM $=1.194$ |
| 5 | (HWTA_2 = 4) and (HWTA_2D = 0) | HWTADHTM $=1.219$ |
| 6 | (HWTA_2 = 4) and (HWTA_2D = 1) | HWTADHTM $=1.245$ |
| 7 | (HWTA_2 = 4) and (HWTA_2D = 2) | HWTADHTM $=1.27$ |
| 8 | (HWTA_2 = 4) and (HWTA_2D = 3) | HWTADHTM $=1.295$ |
| 9 | (HWTA_2 = 4) and (HWTA_2D = 4) | HWTADHTM $=1.321$ |
| 10 | (HWTA_2 = 4) and (HWTA_2D = 5) | HWTADHTM $=1.346$ |
| 11 | (HWTA_2 = 4) and (HWTA_2D = 6) | HWTADHTM $=1.372$ |
| 12 | (HWTA_2 = 4) and (HWTA_2D = 7) | HWTADHTM $=1.397$ |
| 13 | (HWTA_2 = 4) and (HWTA_2D = 8) | HWTADHTM $=1.422$ |
| 14 | $($ HWTA_2 $=4$ ) and (HWTA_2D = 9) | HWTADHTM $=1.448$ |
| 15 | (HWTA_2 = 4) and (HWTA_2D $=10$ ) | HWTADHTM $=1.473$ |
| 16 | $($ HWTA_2 $=4$ ) and ( HWTA_2D $=11$ ) | HWTADHTM $=1.499$ |
| 17 | $($ HWTA_2 $=5$ ) and (HWTA_2E $=0$ ) | HWTADHTM $=1.524$ |
| 18 | (HWTA_2 = 5) and (HWTA_2E = 1) | HWTADHTM $=1.549$ |
| 19 | (HWTA_2 = 5) and (HWTA_2E = 2) | HWTADHTM $=1.575$ |
| 20 | (HWTA_2 = 5) and (HWTA_2E = 3) | HWTADHTM $=1.6$ |
| 21 | (HWTA_2 = 5) and (HWTA_2E = 4) | HWTADHTM $=1.626$ |
| 22 | (HWTA_2 = 5) and (HWTA_2E = 5) | HWTADHTM $=1.651$ |
| 23 | (HWTA_2 $=5$ ) and (HWTA_2E $=6$ ) | HWTADHTM $=1.676$ |
| 24 | (HWTA_2 = 5) and (HWTA_2E = 7) | HWTADHTM $=1.702$ |
| 25 | (HWTA_2 = 5) and (HWTA_2E = 8) | HWTADHTM $=1.727$ |
| 26 | (HWTA_2 = 5) and (HWTA_2E = 9) | HWTADHTM $=1.753$ |
| 27 | (HWTA_2 = 5) and (HWTA_2E = 10) | HWTADHTM $=1.778$ |
| 28 | (HWTA_2 = 5) and (HWTA_2E = 11) | HWTADHTM $=1.803$ |
| 29 | (HWTA_2 = 6) and (HWTA_2F = 0) | HWTADHTM $=1.829$ |
| 30 | (HWTA_2 = 6) and (HWTA_2F = 1) | HWTADHTM $=1.854$ |
| 31 | (HWTA_2 = 6) and (HWTA_2F = 2) | HWTADHTM => 1.88 |
| Collapsed |  |  |
| 17 | DHHA SEX = 1 and DHHA AGE => 15 and HWTADHTM <= 1.524 | Males aged 15 years or greater with height less than or equal to 1.524 |
| 28 | DHHA_SEX = 1 and DHHA_AGE => 12 and DHHA_AGE <= 14 and HWTADHTM $=>1.803$ | Males aged 12 to 14 years with height greater than or equal to 1.803 |
| 31 | DHHA SEX = 1 and DHHA AGE => 15 and HWTADHTM => $1.8 \overline{8}$ | Males aged 15 years or greater with height greater than or equal to 1.880 |
| 5 | DHHA_SEX $=2$ and DHHA_AGE => 12 and DHHA_AGE <= 14 and HWTADHTM <= 1.219 | Females aged 12 to 14 years with height less than or equal to 1.219 |
| 12 | DHHA SEX = 2 and DHHA AGE => 15 and HWTADHTM <= $1.3 \overline{9} 7$ | Females aged 15 years or greater with height less than or equal to 1.397 |
| 28 | DHHA_SEX $=2$ and DHHA_AGE => 12 and HWTADHTM => $1.8 \overline{0} 3$ | Females aged 12 or greater with height greater than or equal to 1.803 |
| NS | (HWTA_2 = DK, R, or NS) or (HWTA_2A = DK, R, or NS) or (HWTA_2B = DK, R, or NS) or (HWTA_2C = DK, R, or NS) or (HWTA_2D = DK, R, or NS) or (HWTA_2E = DK, R, or NS) or (HWTA_2F = DK, R, or NS) | Respondent did not answer (don't know, refusal, not stated) the questions |

## 2) Weight (kilograms)

Variable name: HWTAGWTK
Based on: HWTA_3, HWTA_N4
Description: The following variable describes the weight of the respondent in kilograms.
Technical Specs: Some values have been grouped as specified below.
Note:

| Value of HWTAGWTK | Condition(s) | Explanation |
| :---: | :---: | :--- |
| HWTA_Q3 | HW_N4 = 2 | Weight already in kilograms |
| HWTA_Q3 x .45 | HW_N4 $=1$ | Weight is in pounds, convert to <br> kilograms |


| Value of HWTAGWTK | Sex | Age Range | Condition(s) | Minimum/Maximum Weight Value |
| :---: | :---: | :---: | :---: | :---: |
| 27 | Male | 12-14 | $\begin{aligned} & \text { DHHA_SEX = } 1 \text { and } \\ & \text { DHHA_AGE }=>12 \text { and } \\ & \text { DHHA-AGE }<=14 \text { and } \\ & \text { HWTADWTK }<=27 \\ & \hline \end{aligned}$ | <= 27 |
| 41 | Male | 15-19 | $\begin{aligned} & \text { DHHA_SEX = } 1 \text { and } \\ & \text { DHHA-AGE }=>15 \text { and } \\ & \text { DHHA-AGE }<=19 \text { and } \\ & \text { HWTADWTK }<=41 \\ & \hline \end{aligned}$ | <= 41 |
| 50 | Male | =>20 | $\begin{aligned} & \text { DHHA_SEX = } 1 \text { and } \\ & \text { DHHA-AGE }=>20 \text { and } \\ & \text { HWTADWTK }<=50 \end{aligned}$ | <= 50 |
| 106 | Male | 12-14 | DHHA_SEX = 1 and <br> DHHA_AGE => 12 and <br> DHHAAGE <=14 and <br> HWTADWTK => 106 | => 106 |
| 130 | Male | 15-19 | $\begin{aligned} & \text { DHHA_SEX = } 1 \text { and } \\ & \text { DHHA_AGE => } 15 \text { and } \\ & \text { DHHA_AGE <= } 19 \text { and } \\ & \text { HWTADWTK >= } 130 \end{aligned}$ | => 130 |
| 137 | Male | =>20 | $\begin{aligned} & \text { DHHA_SEX }=1 \text { and } \\ & \text { DHHA_AGE }=>20 \text { and } \\ & \text { HWTADWTK }=>137 \end{aligned}$ | => 137 |
| 29 | Female | 12-14 | DHHA_SEX $=2$ and <br> DHHA_AGE => 12 and <br> DHHA_AGE <=14 and <br> HWTADWTK <= 29 | <= 29 |
| 40 | Female | >15 | $\begin{aligned} & \text { DHHA_SEX = } 2 \text { and } \\ & \text { DHHA-AGE } 15 \text { and } \\ & \text { HWTADWTK }<=40 \end{aligned}$ | < $=40$ |
| 86 | Female | 12-14 | $\begin{aligned} & \text { DHHA_SEX }=2 \text { and } \\ & \text { DHHA-AGE }=>12 \text { and } \\ & \text { DHHA-AGE }=14 \text { and } \\ & \text { HWTADWTK }=>86 \\ & \hline \end{aligned}$ | => 86 |
| 113 | Female | >15 | $\begin{aligned} & \text { DHHA_SEX }=2 \text { and } \\ & \text { DHHA-AGE }=>15 \text { and } \\ & \text { HWTADWTK }=>113 \end{aligned}$ | => 113 |
| NS |  |  | (HWTA_3 = DK, R or NS) | Respondent did not answer (don't know, refusal, not stated) |

## 3) Body mass index

Variable name: HWTAGBMI
Based on: HWTAGHTM, HWTAGWTK
Description: The body mass index (BMI) is a quick and accurate method to determine health risk as it relates to body weight and height. Calculated for persons 20 to 64 years old, excluding pregnant women. BMI values have been regrouped to a minimum of 14 and a maximum of 58 .
Technical Specs: BMI = WEIGHT (KG) / SQUARED HEIGHT (METRES)

| Value of HWTAGBMI | Condition(s) | Explanation |
| :---: | :--- | :--- |
| HWTAGWTK / (HWTADHTM $\times$ <br> HWTADHTM) <br> (Rounded to one decimal place) <br> Minimum: 14; Maximum: 58 | (HWTADHTM $>=.914$ and $<=$ <br> 2.108) and <br> (HWTAGWTK $>0$ and $<=260)$ | BMI calculated from height and <br> weight values |
| NS | (HWTADHTM $=$ NS) or <br> HWTAGWTK $=$ NS | Height and/or weight was not given |
| NA | DHHA_AGE $<20$ or $>64$ | Respondent less than 20 or more <br> than 64 years old |
| NA | MAMA_037 $=1$ | Respondent is pregnant |

## 4) Standard weight

Variable name: HWTAGSW
Based on: HWTAGBMI
Description: The following variable classifies the respondent based on their BMI and indicates whether they are in the insufficient, acceptable, or overweight category.

| Value of HWTAGSW | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | HWTAGBMI $<20.0$ | Underweight |
| 2 | HWTAGBMI $>=20.0$ and $<25.0$ | Acceptable weight |
| 3 | HWTAGBMI $>=25.0$ | Overweight |
| NS | HWTAGBMI $=$ NS | Not stated |
| NA | HWTAGBMI $=$ NA | Not applicable |

## Two-Week Disability (1 DV)

## Temporary Reformats

| Reformat | Explanation |
| :--- | :--- |
| IF TWDA_2 $=$ NA THEN TWDA_2 $=0$ | Reset NA values of TWDA_2 to 0. |
| IF TWDA_4 $=$ NA THEN TWDA_4 $=0$ | Reset NA values of TWDA_4 to 0. |

## 1) Disability days

Variable name: TWDADDDY
Based on: TWDA_2, TWDA_4
Description: The number of days in the last two weeks when the respondent stayed in bed or cut down in activities because of illness or injury.
Source: General Social Survey - Health, Cycle 6 (1991)
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/3894.htm

| Value of TWDADDDY | Condition(s) | Explanation |
| :---: | :--- | :--- |
| TWDA_2 + TWDA_4 | (TWDA_2 < 15) and <br> (TWDA_4 < 15) | The number of days in the last two <br> weeks when the respondent stayed <br> in bed or cut down on activities. |
| NS 0, max: 14) | (TWDA_2 = DK, R or NS) or <br> (TWDA_4 = DK, R or NS) | Respondent didn't answer (don't <br> know, refusal, not stated) at least <br> one question required for <br> calculation |

## Health Care Utilization (3 DVs)

## 1) Number of consultations with medical doctor

Variable name: HCUAGMDC
Based on: HCUA_02A, HCUA_02C
Description: The following variable gives the number of consultations with a family doctor, paediatrician, general practitioner and/or any other medical doctor. The variable has been grouped according to "less than 31 consultations" and "31 or more".

| Value of HCUAGMDC | Condition(s) | Explanation |
| :---: | :--- | :--- |
| HCUA_02A + HCUA_02C <br> Min: 0, max: 31 | (HCUA_02A $>=0$ and $<=366)$ and <br> (HCUA_02C $>=0$ and $<=300)$ | Valid response codes for both <br> questions - less than 31 <br> consultations, and 31 or more <br> consultations are grouped together |
| NS | (HCUA_02A $=$ DK, R or NS) or <br> (HCUA_02C $=$ DK, R or NS) | Respondent didn't answer at least <br> one question (don't know, refusal, <br> not stated). |

## 2) Consultations with any health professionals

Variable name: HCUAFHPC
Based on: HCUA_02A, HCUA_02B, HCUA_02C, HCUA_02D, HCUA_02E, HCUA_02F, HCUA_02G, HCUA_02H, HCUA_02I, HCUA_02J, CMHA_01K
Description: The following variable describes whether or not the respondent consulted with any health professionals during the past 12 months.
Source: General Social Survey - Health, Cycle 6 (1991)
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/3894.htm

| Value of HCUAFHPC | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (HCUA_02A > 0 and < NA) or (HCUA_02B > 0 and < NA) or (HCUA_02C > 0 and < NA) or (HCUA_02D > 0 and < NA) or (HCUA_02E $>0$ and $<N A$ ) or (HCUA_02F > 0 and < NA) or (HCUA_02G > 0 and < NA) or (HCUA_02H > 0 and < NA) or (HCUA_02I >0 and < NA) or (HCUA_02J > 0 and < NA) or (CMHA_01K = 1) | Respondent consulted a health professional at least once last year (includes mental health professionals) |
| 2 | (HCUA_02A = 0) and (HCUA_02B = 0) and (HCUA_02C = 0) and (HCUA_02D = 0) and (HCUA_02E = 0) and (HCUA_02F = 0) and (HCUA_02G = 0) and (HCUA_02H = 0) and (HCUA_02I = 0) and (HCUA_02J = 0) and (CMHA_01K = 2) | Respondent did not consult a health professional last year (includes mental health professionals) |
| NS | (HCUA_02A = DK, R or NS) or (HCUA_02B = DK, R or NS) or (HCUA_02C = DK, R or NS) or (HCUA_02D = DK, R or NS) or (HCUA_02E = DK, R or NS) or (HCUA_02F = DK, R or NS) or (HCUA_02G = DK, R or NS) or (HCUA_02H = DK, R or NS) or (HCUA_02I = DK, R or NS) or (HCUA_02J = DK, R or NS) or (CMHA $01 \mathrm{~K}=\mathrm{DK}, \mathrm{R}$ or NS ) | Respondent did not answer any of the questions, or respondent did not answer some of the questions and answered others with 0 . |

## 3) Consultations with alternative health providers

Variable name: HCUAG05L
Based on: HCUA_05D, HCUA_05E, UCUA_05F, HCUA_05G, HCUA_05H, HCUA_05I, HCUA_05J, HCUA_05K, HCUA_05L
Description: The following variable describes whether or not the respondent consulted with any health professionals during the past 12 months.

| Value of HCUAG05L | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | HCUA_05D = 1 or <br> HCUA_05E = 1 or <br> HCUA_05F = 1 or <br> HCUA_05G = 1 or <br> HCUA_05H = 1 or <br> HCUA_05I = 1 or <br> HCUA_05J = 1 or <br> HCUA_05K = 1 or <br> HCUA_05L = 1 | Respondent consulted an alternative health professional at least once last year (includes Feldenkrais or Alexander, relaxation therapist, biofeedback, rolfer, herbalist, reflexologist, spiritual healer, religious healer, other) |
| 2 | HCUA_05D = 2 and <br> HCUA_05E $=2$ and <br> HCUA_05F = 2 and <br> HCUA_05G $=2$ and <br> HCUA_05H = 2 and <br> HCUA_05I = 2 and <br> HCUA_05J = 2 and <br> HCUA_05K = 2 and <br> HCUA 05L = 2 | Respondent did not consult an alternative health professional last year |
| DK | HCUA_05D = DK and HCUA_05E = DK and HCUA_05F = DK and HCUA_05G = DK and HCUA_05H = DK and HCUA_05I = DK and HCUA_05J = DK and HCUA_05K = DK and HCUA_05L = DK | Don't know |
| R | HCUA_05D = R and HCUA_05E = R and HCUA_05F = R and HCUA_05G = R and HCUA_05H = R and HCUA_05I = R and HCUA_05J = R and HCUA_05K = R and HCUA_05L = R | Refusal |
| NS | HCUA 05D = NS and HCUA_05E = NS and HCUA_05F = NS and HCUA_05G = NS and HCUA_05H = NS and HCUA_05I = NS and HCUA_05J = NS and HCUA_05K = NS and HCUA_05L = NS | Not stated |
| NA | HCUA_05D = NA and HCUA_05E = NA and HCUA_05F = NA and HCUA_05G = NA and HCUA_05H = NA and HCUA_05I = NA and HCUA_05J = NA and HCUA_05K = NA and HCUA 05L = NA | Not applicable |

## Restriction of Activities (3 DVs)

1) Cause of health problem

Variable name: RACAG5
Based on: RACA_5
Description: The following variable indicates the cause of the health problem.

| Value of RACAG5 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | 1 <= RACA_5 <= 4 | Injury (includes injury at home, sports or recreation, motor vehicle, work related) |
| 2 | RACA_5 = 7 | Disease or illness |
| 3 | RACA_5 = 8 | Aging |
| 4 | $\begin{aligned} & \text { RACA_5 }=5 \text { or } \\ & \text { RACA_5 }=6 \text { or } \\ & \text { RACA_5 }=9 \text { or } \\ & \text { RACA_5 }=10 \end{aligned}$ | Other(includes existed at birth, work environment, psychological/physical abuse, other) |
| NS | RACA_5 = DK, R or NS | Not stated |
| NA | RACA_5 = NA | Not applicable |

## 2) Impact of health problems

Variable name: RACADIMP
Based on: RACA_2A, RACA_2B, RACA_2C
Description: The following variable is a crude measure of the impact of long-term physical conditions, mental conditions and health problems on 3 principal domains of life: home, work or school, and other activities.

Note: This variable should not be used to describe the rate of disability or activity limitation in the population. The variable is derived from RACA 2 2A, RACA $2 B$ and RACA $2 C$. These questions, plus RACA_1, were asked in the 2001 Census of Population to identify a sample for the 2001 post-censal Participation and Activity Limitation Survey (PALS). Data from PALS will be released in late 2002, at which time Statistics Canada will recommend a common approach to measuring disability and restriction of activity. Also, because of differences in question wording between the CCHS and National Population Health Survey (NPHS questions are 1991 Census questions), RACADIMP should NOT be compared to the NPHS variables RES_FLG, RAC6F1, RAC8F1, or RAC0F1.

| Value of RACADIMP | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | RACA_2A $=1$ or <br> RACA_2B $=1$ or RACA_2C $=1$ | Sometimes |
| 2 | RACA_2A > 1 and RACA_2A $=2$ or <br> RACA_2B $>1$ and RACA_2B $=2$ or <br> RACA_2C $>1$ and RACA_2C $=2$ | Often |
|  | RACA_2A $=3$ and <br> (RACA_2B $=3$ or 4) and <br> RACA_2C $=3$ | Never |
| 3 | (RACA_2A $=$ DK, R or NS) or <br> (RACA_2B $=$ DK, R or NS) or | Respondent did not answer (don't <br> know, refusal, not stated) at least <br> one question required for <br> calculation |
| (RACA_2C = DK, R or NS) |  |  |

## 3) Need for help in series of tasks

Variable name: RACAF6
Based on: RACA_6A, RACA_6B, RACA_6C, RACA_6D, RACA_6E, RACA_6F
Description: Activity dependence refers to the need for help (for health reasons) with instrumental activities of daily living such as preparing meals, shopping for groceries or other necessities, doing everyday housework, doing heavy household chores (washing walls, yard work), and personal care (washing, dressing or eating, or moving about inside the house).

| Value of RACAF6 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (RACA_6A = 1) or (RACA_6B = 1) or (RACA_6C = 1) or (RACA_6D = 1) or (RACA_6E = 1) or (RACA_6F = 1) | The respondent needs help with at least one task. |
| 2 | (RACA_6A = 2) and (RACA_6B = 2) and (RACA_6C = 2) and (RACA_6D = 2) and (RACA_6E = 2) and (RACA_6F = 2) | The respondent doesn't need help. |
| NS | (RACA_6A = DK, R or NS) or (RACA_6B = DK, R or NS) or (RACA_6C = DK, R or NS) or (RACA_6D = DK, R or NS) or (RACA_6E = DK, R or NS) or (RACA_6F = DK, R or NS) | Respondent didn't answer (don't know, refusal, not stated) at least one question required for calculation |

## Chronic Conditions (3 DVs)

## 1) Has other chronic condition

Variable name: CCCAG221
Based on: CCCA_181, CCCA_221, CCCA_231, CCCA_241
Description: CCCAG221 = 1 if the respondent reported one or more of the above conditions.

| Value of CCCAG221 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (CCCA_181 = 1) and/or (CCCA_221 = 1) and/or (CCCA_231 = 1) and/or (CCCA_241 = 1) | If respondent answered "Yes" to any one or more of the "Other chronic conditions", then make " 1 ". |
| 2 | CCCA_181 = 0) and (CCCA_221 = 0) and (CCCA_231 = 0) and $($ CCCA_241 $=0)$ | The respondent does not have any "Other chronic conditions" |
| NS | (CCCA_181 = NA, DK, R or NS) or (CCCA_221 = DK, R or NS) or (CCCA_231 = NA, DK, R or NS) or (CCCA $241=$ NA, DK, R or NS) | Respondent refused, did not know, did not state or question was not applicable in each of the conditions in the calculation |

## 2) Has a chronic condition

Variable name: CCCAF1
Based on: CCCA_011, CCCA_021, CCCA_031, CCCA_041, CCCA_051, CCCA_061, CCCA_071, CCCA_081, CCCA_91A, CCCA_91B, CCCA_101, CCCA_111, CCCA_121, CCCA_131, CCCA_141, CCCA_151, CCCA_161, CCCA_171, CCCA_191, CCCA_201, CCCA_211, CCCA_251, CCCA_261, CCCAG221
Description: The following variable represents whether or not the respondent had any chronic health conditions which were diagnosed by a health professional.
Technical Specs: Whether the respondent has any condition is based upon a "yes" to any condition.


| NS | $\begin{aligned} & \text { (CCCA_011 }=\text { DK, R or NS) or } \\ & \text { (CCCA_021 }=\text { DK, R or NS) or } \\ & \text { (CCCA_031 }=\text { DK, R or NS) or } \\ & \text { (CCCA_041 }=\text { DK, R or NS) or } \\ & \text { (CCCA_051 }=\text { DK, R or NS) or } \\ & \text { (CCCA_061 }=\text { DK, R or NS) or } \\ & \text { (CCCA_071 }=\text { DK, R or NS) or } \\ & \text { (CCCA_081 }=\text { DK, R or NS) or } \\ & \text { (CCCA_91A }=\text { DK, R or NS) or } \\ & \text { (CCCA_91B }=\text { DK, R or NS) or } \\ & \text { (CCCA_101 }=\text { DK, R or NS) or } \\ & \text { (CCCA_111 }=\text { DK, R or NS) or } \\ & \text { (CCCA_121 }=\text { DK, R or NS) or } \\ & \text { (CCCA_131 }=\text { DK, R or NS) or } \\ & \text { (CCCA_141 }=\text { DK, R or NS) or } \\ & \text { (CCCA_151 }=\text { DK, R or NS) or } \\ & \text { (CCCA_161 }=\text { DK, R or NS) or } \\ & \text { (CCCA_171 }=\text { DK, R or NS) or } \\ & \text { (CCCA_191 }=\text { DK, R or NS) or } \\ & \text { (CCCA_201 }=\text { DK, R or NS) or } \\ & \text { (CCCA_211 }=\text { DK, R or NS) or } \\ & \text { (CCCA_251 }=\text { DK, R or NS) or } \\ & \text { (CCCA_261 }=\text { DK, R or NS) or } \\ & \text { (CCCAG221 }=\text { DK, R or NS) } \end{aligned}$ | Respondent didn't answer (DK, Refused, Not Stated) at least one of the questions and did not answer "Yes" to any. |
| :---: | :---: | :---: |

## 3) Number of chronic conditions

Variable name: CCCAGTOT
Based on: CCCA_011, CCCA_021, CCCA_031, CCCA_041, CCCA_051, CCCA_061, CCCA_071, CCCA_081, CCCA_91A, CCCA_91B, CCCA_101, CCCA_111, CCCA_121, CCCA_131, CCCA_141, CCCA_151, CCCA_161, CCCA_171, CCCA_191, CCCA_201, CCCA_211, CCCA_251, CCCA_261, CCCAG221
Description: The following variable represents the number of chronic conditions the respondent has.

| Value of CCCAGTOT | Condition(s) | Explanation |
| :---: | :---: | :---: |
| Minimum: 0; Maximum: 5 | (CCCA_011 = 1 or 0 ) and (CCCA_021 = 1 or 0 ) and (CCCA_031 = 1 or 0 ) and (CCCA_041 = 1 or 0 ) and (CCCA_051 = 1 or 0 ) and (CCCA_061 = 1 or 0 ) and (CCCA_071 = 1 or 0 ) and (CCCA_081 = 1 or 0 ) and (CCCA_91A = 1 or 0 ) and (CCCA_91B = 1 or 0 ) and (CCCA_101 = 1 or 0 ) and (CCCA_111 = 1 or 0 ) and (CCCA_121 = 1 or 0 ) and (CCCA_131 = 1 or 0 ) and (CCCA_141 = 1 or 0 ) and (CCCA_151 = 1 or 0 ) and (CCCA_161 = 1 or 0 ) and (CCCA_171 = 1 or 0 ) and (CCCA_191 = 1 or 0 ) and (CCCA_201 = 1 or 0 ) and (CCCA_211 = 1 or 0 ) and (CCCA_251 = 1 or 0 ) and (CCCA_261 = 1 or 0 ) and (CCCAG221 = 1 or 0 ) | Total number of "Yes" answers to conditions (must have answered all questions necessary for the calculation). Five or more conditions have been grouped together. |
| NS | (CCCA_011 = DK, R or NS) or (CCCA_021 = DK, R or NS) or (CCCA_031 = DK, R or NS) or (CCCA_041 = DK, R or NS)or (CCCA_051 = DK, R or NS) or (CCCA_061 = DK, R or NS) or (CCCA_071 = DK, R or NS) or (CCCA_081 = DK, R or NS) or (CCCA_91A = DK, R or NS) or (CCCA_91B = DK, R or NS) or (CCCA_101 = DK, R or NS) or (CCCA_111 = DK, R or NS) or (CCCA_121 = DK, R or NS) or (CCCA_131 = DK, R or NS) or (CCCA_141 = DK, R or NS) or (CCCA_151 = DK, R or NS) or (CCCA_161 = DK, R or NS) or (CCCA_171 = DK, R or NS) or (CCCA_191 = DK, R or NS) or (CCCA_201 = DK, R or NS) or (CCCA_211 = DK, R or NS) or (CCCA_251 = DK, R or NS) or (CCCA_261 = DK, R or NS) or (CCCAG221 = DK, R or NS) | Respondent didn't answer (don't know, refusal, not stated) at least one question necessary for calculation |

## Use of Medications (1 DV)

## 1) Flag indicating medication use (past month)

Variable name: DRGAF1
Based on: DRGA_1A, DRGA_1B, DRGA_1C, DRGA_1D, DRGA_1E, DRGA_1F, DRGA_1G, DRGA_1H, DRGA_1I, DRGA_1J, DRGA_1K, DRGA_1L, DRGA_1M, DRGA_1N, DRGA_10, DRGA_1P, DRGA_1Q, DRGA_1R, DRGA_1S, DRGA_1T, DRGA_1U, DRGA_1V
Description: The following variable represents whether or not the respondent took prescription or over-thecounter medications in the month prior to the interview.

| Value of DRGAF1 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (DRGA_1A = 1) or | Respondent has taken at least one |
|  | (DRGA_1B = 1) or |  |
|  | (DRGA_1C = 1) or |  |
|  | (DRGA_1D = 1) or (DRGA 1E = 1) or |  |
|  | (DRGA_1F = 1) or |  |
|  | (DRGA_1G = 1) or |  |
|  | (DRGA_1H = 1) or |  |
|  | (DRGA_1I = 1) or |  |
|  | (DRGA_1J = 1) or |  |
|  | (DRGA_1K = 1) or |  |
|  | (DRGA_1L = 1) or |  |
|  | (DRGA_1M = 1) or |  |
|  | (DRGA_1N = 1) or |  |
|  | (DRGA_10 = 1) or |  |
|  | (DRGA_1P = 1) or |  |
|  | (DRGA_1Q = 1) or |  |
|  | (DRGA_1R = 1) or |  |
|  | (DRGA_1S = 1) or |  |
|  | (DRGA_1T = 1) or |  |
|  | (DRGA_1U = 1) or |  |
|  | (DRGA_1V = 1) |  |


| 2 |  | Respondent has not taken any drugs in the past month |
| :---: | :---: | :---: |
| NS |  | Respondent did not answer (don't know, refusal, not specified) at least one question required. |
| NA | DRGA_1A = NA | Population exclusions - Optional content not selected |

## Fruit and Vegetable Consumption (8 DVs)

Note: The fruit and vegetable screener measures the number of times fruits and vegetables are consumed, or frequency, without any regard to amount or "serving size". All daily consumption values have been rounded to one decimal place.

## 1) Daily consumption - fruit juice

Variable name: FVCADJUI
Based on: FVCA_1A, FVCA_1B, FVCA_1C, FVCA_1D, FVCA_1E
Description: The following variable represents the number of times the respondent drank fruit juice per day.

| Value of FVCADJUI | Condition(s) | Explanation |
| :---: | :---: | :---: |
| FVCA_1B | FVCA_1A = 1 | Respondent answered in \#/day |
| FVCA_1C / 7 | FVCA_1A = 2 | Respondent answered in \#/week |
| FVCA_1D / 30 | FVCA_1A = 3 | Respondent answered in \#/month |
| FVCA_1E / 365 | FVCA_1A = 4 | Respondent answered in \#/year |
| 0 | FVCA_1A = 5 | Respondent doesn't drink fruit juice. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | FVCA_1A = DK, R or NS | Respondent didn't answer the question. |
| NS | (FVCA_1B = DK, R or NS) or (FVCA_1C = DK, R or NS) or (FVCA_1D = DK, R or NS) or (FVCA_1E = DK, R or NS) | Respondent knew period but did not know or refused amount |

## 2) Daily consumption -fruit

Variable name: FVCADFRU
Based on: FVCA_2A, FVCA_2B, FVCA_2C, FVCA_2D, FVCA_2E
Description: The following variable represents the number of times the respondent consumed fruit per day
excluding fruit juices.

| Value of FVCADFRU | Condition(s) | Explanation |
| :---: | :---: | :---: |
| FVCA_2B | FVCA_2A $=1$ | Respondent answered in \#/day |
| FVCA_2C / 7 | FVCA_2A $=2$ | Respondent answered in \#/week |
| FVCA_2D / 30 | FVCA_2A $=3$ | Respondent answered in \#/month |
| FVCA_2E / 365 | FVCA_2A $=4$ | Respondent answered in \#/year |
| 0 | FVCA_2A $=5$ | Respondent doesn't eat fruit. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | FVCA_2A = DK, R or NS | Respondent didn't answer the question. |
| NS | (FVCA_2B = DK, R or NS) or (FVCA_2C = DK, R or NS) or (FVCA_2D = DK, R or NS) or (FVCA_2E = DK, R or NS) | Respondent knew period but did not know or refused amount |

## 3) Daily consumption - green salad

Variable name: FVCADSAL
Based on: FVCA_3A, FVCA_3B, FVCA_3C, FVCA_3D, FVCA_3E
Description: The following variable represents the number of times the respondent consumed green salad per day.

| Value of FVCADSAL | Condition(s) | Explanation |
| :---: | :---: | :---: |
| FVCA_3B | FVCA_3A = 1 | Respondent answered in \#/day |
| FVCA_3C / 7 | FVCA_3A $=2$ | Respondent answered in \#/week |
| FVCA_3D / 30 | FVCA_3A = 3 | Respondent answered in \#/month |
| FVCA_3E / 365 | FVCA_3A $=4$ | Respondent answered in \#/year |
| 0 | FVCA_3A $=5$ | Respondent doesn't eat green salad. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | FVCA_3A = DK, R or NS | Respondent didn't answer the question. |
| NS | (FVCA_3B = DK, R or NS) or (FVCA_3C = DK, R or NS) or (FVCA_3D = DK, R or NS) or (FVCA_3E = DK, R or NS) | Respondent knew period but did not know or refused amount |

## 4) Daily consumption - potatoes

Variable name: FVCADPOT
Based on: FVCA_4A, FVCA_4B, FVCA_4C, FVCA_4D, FVCA_4E
Description: The following variable represents the number of times the respondent consumed potatoes per day excluding french fries, fried potatoes, or potato chips.

| Value of FVCADPOT | Condition(s) | Explanation |
| :---: | :---: | :---: |
| FVCA_4B | FVCA_4A = 1 | Respondent answered in \#/day |
| FVCA_4C / 7 | FVCA_4A = 2 | Respondent answered in \#/week |
| FVCA_4D / 30 | FVCA_4A = 3 | Respondent answered in \#/month |
| FVCA_4E / 365 | FVCA_4A = 4 | Respondent answered in \#/year |
| 0 | FVCA 4A = 5 | Respondent doesn't eat potatoes. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | FVCA_4A = DK, R or NS | Respondent didn't answer the question. |
| NS | (FVCA_4B = DK, R or NS) or (FVCA_4C = DK, R or NS) or (FVCA_4D = DK, R or NS) or (FVCA_4E = DK, R or NS) | Respondent knew period but did not know or refused amount |

## 5) Daily consumption - carrots

Variable name: FVCADCAR
Based on: FVCA_5A, FVCA_5B, FVCA_5C, FVCA_5D, FVCA_5E
Description: The following variable represents the number of times the respondent consumed carrots per day.

| Value of FVCADCAR | Condition(s) | Explanation |
| :---: | :---: | :---: |
| FVCA_5B | FVCA_5A = 1 | Respondent answered in \#/day |
| FVCA_5C / 7 | FVCA_5A = 2 | Respondent answered in \#/week |
| FVCA_5D / 30 | FVCA_5A $=3$ | Respondent answered in \#/month |
| FVCA_5E / 365 | FVCA_5A = 4 | Respondent answered in \#/year |
| 0 | FVCA_5A = 5 | Respondent doesn't eat carrots. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | FVCA_5A = DK, R or NS | Respondent didn't answer the question. |
| NS | (FVCA_5B = DK, R or NS) or (FVCA_5C = DK, R or NS) or (FVCA_5D = DK, R or NS) or (FVCA 5E = DK, R or NS) | Respondent knew period but did not know or refused amount |

## 6) Daily consumption - other vegetables

Variable name: FVCADVEG
Based on: FVCA_6A, FVCA_6B, FVCA_6C, FVCA_6D, FVCA_6E
Description: The following variable represents the respondent's daily consumption of vegetables excluding carrots, potatoes, or salad.

| Value of FVCADVEG | Condition(s) | Explanation |
| :---: | :---: | :---: |
| FVCA_6B | FVCA_6A = 1 | Respondent answered in \#/day |
| FVCA_6C / 7 | FVCA_6A = 2 | Respondent answered in \#/week |
| FVCA_6D / 30 | FVCA_6A = 3 | Respondent answered in \#/month |
| FVCA_6E / 365 | FVCA_6A $=4$ | Respondent answered in \#/year |
| 0 | FVCA_6A $=5$ | Respondent doesn't eat other vegetables. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | FVCA_6A = DK, R or NS | Respondent didn't answer the question. |
| NS | (FVCA_6B = DK, R or NS) or (FVCA_6C = DK, R or NS) or (FVCA_6D = DK, R or NS) or (FVCA_6E = DK, R or NS) | Respondent knew period but did not know or refused amount |

## 7) Daily consumption - total fruit and vegetable

Variable name: FVCADTOT
Based on: FVCADJUI, FVCADFRU, FVCADSAL, FVCADPOT, FVCADCAR, FVCADVEG
Description: The following variable represents the respondent's total daily consumption of fruits and vegetables.

| Value of FVCADTOT | Condition(s) | Explanation |
| :---: | :--- | :--- |
| FVCADJUI + FVCADFRU + | (FVCADJUI $>=0$ and $<=20$ ) and | Total fruit and vegetable |
| FVCADSAL + FVCADPOT + | (FVCADFRU $>=0$ and $<=20$ ) and | consumption (times/day) |
| FVCADCAR + FVCADVEG | (FVCADSAL $>=0$ and $<=20$ ) and |  |
|  | (FVCADPOT $>=0$ and $<=20$ ) and |  |
| Min: $0 ;$ max: 120 | (FVCADCAR $>=0$ and $<=20$ ) and |  |
|  | (FVCADVEG $>=0$ and $<=20$ ) |  |
| NS | (FVCADJUI $=$ NS) or | Respondent didn't answer at least |
|  | (FVCADFRU $=$ NS) or | one question required for |
|  | (FVCADSAL $=$ NS) or | calculation (includes proxy). |
|  | (FVCADPOT $=$ NS) or |  |
|  | (FVCADCAR $=$ NS) or |  |
|  | (FVCADVEG $=$ NS) |  |

## 8) Grouping of daily consumption - total fruit and vegetable

Variable name: FVCAGTOT
Based on: FVCADTOT
Description: The following variable classifies the respondent based on their total daily consumption fruits and vegetables.

| Value of FVCAGTOT | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | FVCADTOT $<5$ | Respondent consumes fruits and <br> vegetables less than 5 times per <br> day. |
| 2 | FVCADTOT $>=5$ and $<=10$ | Respondent consumes fruits and <br> vegetables between 5 to 10 times <br> per day. |
| 3 | FVCADTOT $>10$ | Respondent consumes fruits and <br> vegetables more than 10 times per <br> day. |
| NS | FVCADTOT $=$ NS | Respondent didn't answer at least <br> one question required for <br> calculation (includes proxy). |

## Physical Activities (6 DVs)

## 1) Energy expenditure

Variable name: PACADEE
Based on: PACA_1V, PACA_2A, PACA_2B, PACA_2C, PACA_2D, PACA_2E, PACA_2F, PACA_2G, PACA_2H, PACA_2I, PACA_2J, PACA_2K, PACA_2L, PACA_2M, PACA_2N, PACA_20, PACA_2P, PACA_2Q, PACA_2R, PACA_2S, PACA_2T, PACA_2U, PACA_2W, PACA_2X, PACA_3A, PACA_3B, PACA_3C, PACA_3D, PACA_3E, PACA_3F, PACA_3G, PACA_3H, PACA_3I, PACA_3J, PACA_3K, PACA_3L, PACA_3M, PACA_3N, PACA_30, PACA_3P, PACA_3Q, PACA_3R, PACA_3S, PACA_3T, PACA_3U, PACA_3W, PACA_3X
Description: In order to derive a physical activity index, the energy expenditure (EE) of participants in their leisure activities should be estimated. EE is calculated using the frequency and time per session of the physical activity as well as its MET value. The MET is a value of metabolic energy cost expressed as a multiple of the resting metabolic rate. Thus, an activity of 4 METS requires four times the amount of energy as compared to when the body is at rest.
Technical Specs: Energy expenditure for each activity (kcal/kg/day) $=(\mathrm{N} \times \mathrm{D} \times$ MET value)/365
Where:
$\mathrm{N}=$ the number of times a respondent engaged in an activity over a 12 month period
$\mathrm{D}=$ the average duration in hours of the activity
MET value = the energy cost of the activity expressed as kilocalories expended per kilogram of body weight per hour of activity $\dagger$ ( $\mathrm{kcal} / \mathrm{kg}$ per hour)/365 (to convert yearly data into daily data)
† MET values tend to be expressed in three intensity levels (i.e. low, medium, high). CCHS questions did not ask the respondent to specify the intensity level of their activities, therefore the MET values adopted correspond to the low intensity value of each activity. This approach is adopted from the Canadian Fitness and Lifestyle Research Institute because individuals tend to overestimate the intensity, frequency and duration of their activities. The MET values are:

| Variable Name | Activity | MET Value <br> (kcal/kg/hr) |
| :--- | :--- | :---: |
| PACADEEA | WALKING FOR EXERCISE | 3 |
| PACADEEB | GARDENING OR YARD WORK | 3 |
| PACADEEC | SWIMMING | 3 |
| PACADEED | BICYCLING | 4 |
| PACADEEE | POPULAR OR SOCIAL DANCE | 3 |
| PACADEEF | HOME EXERCISES | 3 |
| PACADEEG | ICE HOCKEY | 6 |
| PACADEEH | ICE SKATING | 4 |
| PACADEEI | IN-LINE SKATING OR ROLLERBLADING | 5 |
| PACADEEJ | JOGGING OR RUNNING | 9.5 |
| PACADEEK | GOLFING | 4 |
| PACADEEL | EXERCISE CLASS OR AEROBICS | 4 |
| PACADEEM | DOWNHILL SKIING OR SNOWBOARDING | 4 |
| PACADEEN | BOWLING | 2 |
| PACADEEO | BASEBALL OR SOFTBALL | 3 |
| PACADEEP | TENNIS | 4 |
| PACADEEQ | WEIGHT-TRAINING | 3 |
| PACADEER | FISHING | 3 |
| PACADEES | VOLLEYBALL | 5 |
| PACADEET | BASKETBALL | 6 |
| PACADEEU | OTHER (U) | 4 |
| PACADEEW | OTHER (W) | 4 |
| PACADEEX | OTHER (X) | 4 |

Note: Jogging (MET value 7) and running (MET value 12) fall under one category therefore, the MET value for the combined activity is the average of their MET values (9.5). Since it is difficult to assign a MET value to the category "Other Activities", the MET value used was the average of the listed activities except for the average value of jogging and running. Instead the average value of jogging and running was replaced by the value for jogging ONLY in the calculation of the overall average for "Other Activities". Some activities have MET values lower than the average, however, this approach is consistent with other studies, such as the Campbell's Survey and the Ontario Health Survey (OHS).
Internet Site: Canadian Fitness and Lifestyle Research Institute: www.cflri.ca/
WALKING FOR EXERCISE:

| Value of PACADEEA | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3A = NA | Respondent did not participate in <br> activity |
| 0 | PACA_3A $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2A $\times 4 \times .2167 \times 3) / 365$ | PACA_3A $=1$ | Calculate EE for $<15$ min* |
| $($ PACA_ $2 A \times 4 \times .3833 \times 3) / 365$ | PACA_3A $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_2A $\times 4 \times .75 \times 3) / 365$ | PACA_3A $=3$ | Calculate EE for 31 to 60 min* |
| $($ PACA_ $2 A \times 4 \times 1 \times 3) / 365$ | PACA_3A $=4$ | Calculate EE for $>60$ min $^{*}$ |

GARDENING OR YARD WORK:

| Value of PACADEEB | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3B $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3B $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2B $\times 4 \times .2167 \times 3) / 365$ | PACA_3B $=1$ | Calculate EE for $<15$ min* |
| $($ PACA_2B $\times 4 \times .3833 \times 3) / 365$ | PACA_3B $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_2B $\times 4 \times .75 \times 3) / 365$ | PACA_3B $=3$ | Calculate EE for 31 to 60 min* |
| $\left(P A C A \_2 B \times 4 \times 1 \times 3\right) / 365$ | PACA_3B $=4$ | Calculate EE for $>60$ min* |

SWIMMING:

| Value of PACADEEC | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3C $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3C $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2C $\times 4 \times .2167 \times 3) / 365$ | PACA_3C $=1$ | Calculate EE for $<15$ min* |
| $($ PACA_2C $\times 4 \times .3833 \times 3) / 365$ | PACA_3C $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_2C $\times 4 \times .75 \times 3) / 365$ | PACA_3C $=3$ | Calculate EE for 31 to 60 min* |
| $($ PACA_2C $\times 4 \times 1 \times 3) / 365$ | PACA_3C $=4$ | Calculate EE for $>60$ min* |

*Times were rounded to a specific value for calculation, as with NPHS ( $13 \mathrm{~min} / .2167 \mathrm{hr}, 23 \mathrm{~min} / .3833 \mathrm{hr}$, $45 \mathrm{~min} / .75 \mathrm{hr}, 60 \mathrm{~min} / 1 \mathrm{hr}$ ).

BICYCLING:

| Value of PACADEED | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3D $=$ NA | Respondent did not participate in <br> activity |
| 0 | PD_Q3D $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $\left(P A C A \_2 D \times 4 \times .2167 \times 4\right) / 365$ | PD_Q3D $=1$ | Calculate EE for $<15 \mathrm{~min}^{*}$ |
| $\left(P A C A \_2 D \times 4 \times .3833 \times 4\right) / 365$ | PD_Q3D $=2$ | Calculate EE for 16 to 30 min* |
| $\left(P A C A \_2 D \times 4 \times .75 \times 4\right) / 365$ | PD_Q3D $=3$ | Calculate EE for 31 to 60 min* |
| $\left(P A C A \_2 D \times 4 \times 1 \times 4\right) / 365$ | PD_Q3D $=4$ | Calculate EE for $>60$ min* |

POPULAR OR SOCIAL DANCE:

| Value of PACADEEE | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3E $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3E $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2E $\times 4 \times .2167 \times 3) / 365$ | PACA_3E $=1$ | Calculate EE for $<15 \mathrm{~min}^{*}$ |
| $($ PACA_2E $\times 4 \times .3833 \times 3) / 365$ | PACA_3E $=2$ | Calculate EE for 16 to 30 min* |
| (PACA_2E $\times 4 \times .75 \times 3) / 365$ | PACA_3E $=3$ | Calculate EE for 31 to 60 min* |
| (PACA_2E $\times 4 \times 1 \times 3) / 365$ | PACA_3E $=4$ | Calculate EE for $>60$ min* |

HOME EXERCISES:

| Value of PACADEEF | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3F $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3F $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2F $\times 4 \times .2167 \times 3) / 365$ | PACA_3F $=1$ | Calculate EE for < $15 \mathrm{~min}^{*}$ |
| $($ PACA_2F $\times 4 \times .3833 \times 3) / 365$ | PACA_3F $=2$ | Calculate EE for 16 to $30 \mathrm{~min}^{*}$ |
| $($ PACA_2F $\times 4 \times .75 \times 3) / 365$ | PACA_3F $=3$ | Calculate EE for 31 to $60 \mathrm{~min}^{*}$ |
| $($ PACA_2F $\times 4 \times 1 \times 3) / 365$ | PACA_3F $=4$ | Calculate EE for $>60$ min* |

ICE HOCKEY:

| Value of PACADEEG | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 0 | PACA_3G = NA | Respondent did not participate in activity |
| 0 | PACA_3G = DK, R or NS | Respondent did not answer question (don't know, refusal, not specified) |
| (PACA_2G $\times 4 \times .2167 \times 6) / 365$ | PACA_3G = 1 | Calculate EE for < $15 \mathrm{~min} *$ |
| (PACA_2G $\times 4 \times .3833 \times 6) / 365$ | PACA_3G = 2 | Calculate EE for 16 to $30 \mathrm{~min} *$ |
| (PACA_2G $\times 4 \times .75 \times 6) / 365$ | PACA_3G = 3 | Calculate EE for 31 to $60 \mathrm{~min} *$ |
| (PACA_2G $\times 4 \times 1 \times 6$ ) $/ 365$ | PACA_3G = 4 | Calculate EE for $>60 \mathrm{~min} *$ |

ICE SKATING:

| Value of PACADEEH | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3H $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3H $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_ $2 \mathrm{H} \times 4 \times .2167 \times 4) / 365$ | PACA_3H $=1$ | Calculate EE for $<15 \mathrm{~min} *$ |
| $($ PACA_ $2 \mathrm{H} \times 4 \times .3833 \times 4) / 365$ | PACA_3H $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_ $2 \mathrm{H} \times 4 \times .75 \times 4) / 365$ | PACA_3H $=3$ | Calculate EE for 31 to 60 min* |
| $($ PACA_ $2 \mathrm{H} \times 4 \times 1 \times 4) / 365$ | PACA_3H $=4$ | Calculate EE for $>60$ min* |

IN-LINE SKATING OR ROLLERBLADING:

| Value of PACADEEI | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3I $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3I $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2I $\times 4 \times .2167 \times 5) / 365$ | PACA_3I $=1$ | Calculate EE for $<15 \mathrm{~min}^{*}$ |
| $($ PACA_2I $\times 4 \times .3833 \times 5) / 365$ | PACA_3I $=2$ | Calculate EE for 16 to $30 \mathrm{~min} *$ |
| (PACA_2I $\times 4 \times .75 \times 5) / 365$ | PACA_3I $=3$ | Calculate EE for 31 to 60 min * |
| (PACA_2I $\times 4 \times 1 \times 5) / 365$ | PACA_3I $=4$ | Calculate EE for $>60$ min* |

JOGGING OR RUNNING:

| Value of PACADEEJ | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3J $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3J = DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2J $\times 4 \times .2167 \times 9.5) / 365$ | PACA_3J $=1$ | Calculate EE for $<15$ min* |
| $($ PACA_2J $\times 4 \times .3833 \times 9.5) / 365$ | PACA_3J $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_2J $\times 4 \times .75 \times 9.5) / 365$ | PACA_3J $=3$ | Calculate EE for 31 to 60 min* |
| (PACA_2J $\times 4 \times 1 \times 9.5) / 365$ | PACA_3J $=4$ | Calculate EE for $>60$ min* |

GOLFING:

| Value of PACADEEK | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3K $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3K $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2K $\times 4 \times .2167 \times 4) / 365$ | PACA_3K $=1$ | Calculate EE for $<15 \mathrm{~min}^{*}$ |
| $($ PACA_2K $\times 4 \times .3833 \times 4) / 365$ | PACA_3K $=2$ | Calculate EE for 16 to 30 min |
| $($ PACA_ $2 \mathrm{~K} \times 4 \times .75 \times 4) / 365$ | PACA_3K $=3$ | Calculate EE for 31 to $60 \mathrm{~min}^{*}$ |
| $($ PACA_ $2 \mathrm{~K} \times 4 \times 1 \times 4) / 365$ | PACA_3K $=4$ | Calculate EE for $>60$ min* |

EXERCISE CLASS OR AEROBICS:

| Value of PACADEEL | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3L $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3L $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2L $\times 4 \times .2167 \times 4) / 365$ | PACA_3L $=1$ | Calculate EE for $<15 \mathrm{~min}^{*}$ |
| $($ PACA_2L $\times 4 \times .3833 \times 4) / 365$ | PACA_3L $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_ $2 \mathrm{LL} \times 4 \times .75 \times 4) / 365$ | PACA_3L $=3$ | Calculate EE for 31 to 60 min* |
| $($ PACA_ $2 \mathrm{LL} \times 4 \times 1 \times 4) / 365$ | PACA_3L $=4$ | Calculate EE for $>60$ min* |

DOWNHILL SKIING OR SNOWBOARDING:

| Value of PACADEEM | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3M $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3M $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2M $\times 4 \times .2167 \times 4) / 365$ | PACA_3M $=1$ | Calculate EE for $<15$ min* |
| $($ PACA_2M $\times 4 \times .3833 \times 4) / 365$ | PACA_3M $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_2M $\times 4 \times .75 \times 4) / 365$ | PACA_3M $=3$ | Calculate EE for 31 to 60 min* |
| $($ PACA_2M $\times 4 \times 1 \times 4) / 365$ | PACA_3M $=4$ | Calculate EE for $>60$ min* |

BOWLING:

| Value of PACADEEN | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 0 | PACA_3N = NA | Respondent did not participate in activity |
| 0 | PACA_3N = DK, R or NS | Respondent did not answer question (don't know, refusal, not specified) |
| (PACA_2N $\times 4 \times .2167 \times 2$ ) $/ 365$ | PACA_3N = 1 | Calculate EE for < 15 min* |
| (PACA_2N $\times 4 \times .3833 \times 2$ ) $/ 365$ | PACA_3N = 2 | Calculate EE for 16 to $30 \mathrm{~min} *$ |
| (PACA_2N $\times 4 \times .75 \times 2$ )/365 | PACA_3N = 3 | Calculate EE for 31 to $60 \mathrm{~min} *$ |
| $($ PACA_2N $\times 4 \times 1 \times 2) / 365$ | PACA_3N = 4 | Calculate EE for > 60 min* |

BASEBALL OR SOFTBALL:

| Value of PACADEEO | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 0 | PACA_30 = NA | Respondent did not participate in activity |
| 0 | PACA_30 = DK, R or NS | Respondent did not answer question (don't know, refusal, not specified) |
| (PACA_20 $\times 4 \times .2167 \times 3$ ) $/ 365$ | PACA_30 = 1 | Calculate EE for < $15 \mathrm{~min} *$ |
| (PACA_ $20 \times 4 \times .3833 \times 3) / 365$ | PACA_30 $=2$ | Calculate EE for 16 to $30 \mathrm{~min} *$ |
| (PACA_20 $\times 4 \times .75 \times 3$ ) / 365 | PACA_30 $=3$ | Calculate EE for 31 to $60 \mathrm{~min}^{*}$ |
| (PACA_20 $\times 4 \times 1 \times 3$ ) $/ 365$ | PACA_30 $=4$ | Calculate EE for $>60 \mathrm{~min} *$ |

TENNIS:

| Value of PACADEEP | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3P $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3P $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $\left(P A C A \_2 P \times 4 \times .2167 \times 4\right) / 365$ | PACA_3P $=1$ | Calculate EE for $<15 \mathrm{~min}^{*}$ |
| $\left(P A C A \_2 P \times 4 \times .3833 \times 4\right) / 365$ | PACA_3P $=2$ | Calculate EE for 16 to 30 min* |
| $\left(P A C A \_2 P \times 4 \times .75 \times 4\right) / 365$ | PACA_3P $=3$ | Calculate EE for 31 to 60 min* |
| $\left(P A C A \_2 P \times 4 \times 1 \times 4\right) / 365$ | PACA_3P $=4$ | Calculate EE for $>60$ min* |

WEIGHT-TRAINING:

| Value of PACADEEQ | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3Q $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3Q $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $\left(P A C A \_2 Q \times 4 \times .2167 \times 3\right) / 365$ | PACA_3Q $=1$ | Calculate EE for $<15$ min* |
| $\left(P A C A \_2 Q \times 4 \times .3833 \times 3\right) / 365$ | PACA_3Q $=2$ | Calculate EE for 16 to 30 min* |
| $\left(P A C A \_2 Q \times 4 \times .75 \times 3\right) / 365$ | PACA_3Q $=3$ | Calculate EE for 31 to 60 min* |
| $\left(P A C A \_2 Q \times 4 \times 1 \times 3\right) / 365$ | PACA_3Q $=4$ | Calculate EE for $>60$ min* |

FISHING:

| Value of PACADEER | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3R $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3R $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $\left(P A C A \_2 R \times 4 \times .2167 \times 3\right) / 365$ | PACA_3R $=1$ | Calculate EE for $<15$ min $^{*}$ |
| $($ PACA_ $2 R \times 4 \times .3833 \times 3) / 365$ | PACA_3R $=2$ | Calculate EE for 16 to 30 min* |
| $\left(P A C A \_2 R \times 4 \times .75 \times 3\right) / 365$ | PACA_3R $=3$ | Calculate EE for 31 to 60 min* |
| $\left(P A C A \_2 R \times 4 \times 1 \times 3\right) / 365$ | PACA_3R $=4$ | Calculate EE for $>60$ min* |

VOLLEYBALL:

| Value of PACADEES | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3S = NA | Respondent did not participate in <br> activity |
| 0 | PACA_3S $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2S $\times 4 \times .2167 \times 5) / 365$ | PACA_3S $=1$ | Calculate EE for $<15$ min* |
| $($ PACA_2S $\times 4 \times .3833 \times 5) / 365$ | PACA_3S $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_2S $\times 4 \times .75 \times 5) / 365$ | PACA_3S $=3$ | Calculate EE for 31 to 60 min $^{*}$ |
| $($ PACA_2S $\times 4 \times 1 \times 5) / 365$ | PACA_3S $=4$ | Calculate EE for $>60$ min* |

BASKETBALL:

| Value of PACADEET | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3T $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3T $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| $($ PACA_2T $\times 4 \times .2167 \times 6) / 365$ | PACA_3T $=1$ | Calculate EE for $<15 \mathrm{~min}^{*}$ |
| $($ PACA_2T $\times 4 \times .3833 \times 6) / 365$ | PACA_3T $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_2T $\times 4 \times .75 \times 6) / 365$ | PACA_3T $=3$ | Calculate EE for 31 to 60 min* $^{*}$ |
| $($ PACA_2T $\times 4 \times 1 \times 6) / 365$ | PACA_3T $=4$ | Calculate EE for $>60$ min* |

OTHER (U):

| Value of PACADEEU | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3U $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3U $=$ DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| (PACA_2U $\times 4 \times .2167 \times 4) / 365$ | PACA_3U $=1$ | Calculate EE for < 15 min* |
| (PACA_2U $\times 4 \times .3833 \times 4) / 365$ | PACA_3U $=2$ | Calculate EE for 16 to 30 min* |
| (PACA_2U $\times 4 \times .75 \times 4) / 365$ | PACA_3U $=3$ | Calculate EE for 31 to 60 min* |
| (PACA_2U $\times 4 \times 1 \times 4) / 365$ | PACA_3U $=4$ | Calculate EE for $>60$ min* |

OTHER (W):

| Value of PACADEEW | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3W $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3W = DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |
| (PACA_2W $\times 4 \times .2167 \times 4) / 365$ | PACA_3W $=1$ | Calculate EE for $<15$ min* |
| (PACA_2W $\times 4 \times .3833 \times 4) / 365$ | PACA_3W $=2$ | Calculate EE for 16 to 30 min* |
| (PACA_ $2 \mathrm{~W} \times 4 \times .75 \times 4) / 365$ | PACA_3W $=3$ | Calculate EE for 31 to 60 min* |
| (PACA_ $2 \mathrm{~W} \times 4 \times 1 \times 4) / 365$ | PACA_3W $=4$ | Calculate EE for $>60$ min* |

## OTHER (X):

| Value of PACADEEX | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | PACA_3X $=$ NA | Respondent did not participate in <br> activity |
| 0 | PACA_3X = DK, R or NS | Respondent did not answer (don't <br> know, refusal, not specified) at <br> least one required question |
| $($ PACA_2X $\times 4 \times .2167 \times 4) / 365$ | PACA_3X $=1$ | Calculate EE for $<15$ min* |
| $($ PACA_ $2 X \times 4 \times .3833 \times 4) / 365$ | PACA_3X $=2$ | Calculate EE for 16 to 30 min* |
| $($ PACA_ $2 X \times 4 \times .75 \times 4) / 365$ | PACA_3X $=3$ | Calculate EE for 31 to 60 min* $^{*}$ |
| $($ PACA_ $2 X \times 4 \times 1 \times 4) / 365$ | PACA_3X $=4$ | Calculate EE for $>60$ min* |

## SUM EE VALUES AND ROUND TO ONE DECIMAL:

TOTAL:

| Value of PACADEE | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 0 | PACA_1V = 1 | No physical activity |
| PACADEEA + PACADEEB + <br> PACADEEC + PACADEED + <br> PACADEEE + PACADEEF + <br> PACADEEG + PACADEEH + <br> PACADEEI + PACADEEJ + <br> PACADEEK + PACADEEL + <br> PACADEEM + PACADEEN + <br> PACADEEO + PACADEEP + <br> PACADEEQ + PACADEER + <br> PACADEES + PACADEET + <br> PACADEEU + PACADEEW + <br> PACADEEX <br> Round to one decimal place <br> Min: 0 ; max: 99.5 | (PACADEEA >= 0 and $<$ NA) and (PACADEEB >= 0 and < NA) and (PACADEEC >= 0 and $<N A$ ) and (PACADEED > = 0 and $<N A$ ) and (PACADEEE > $=0$ and $<N A$ ) and (PACADEEF >= 0 and $<N A$ ) and (PACADEEG >= 0 and $<N A$ ) and (PACADEEH >= 0 and $<N A$ ) and (PACADEEI >= 0 and $<\mathrm{NA}$ ) and (PACADEEJ >= 0 and $<\mathrm{NA}$ ) and (PACADEEK > $=0$ and < NA) and (PACADEEL > = 0 and $<\mathrm{NA}$ ) and (PACADEEM >= 0 and $<$ NA) and (PACADEEN >=0 and $<N A$ ) and (PACADEEO >= 0 and $<N A$ ) and (PACADEEP > = 0 and $<N A$ ) and (PACADEEQ >= 0 and $<$ NA) and (PACADEER $>=0$ and $<N A$ ) and (PACADEES $>=0$ and $<\mathrm{NA}$ ) and (PACADEET > = 0 and $<N A$ ) and (PACADEEU >= 0 and $<N A$ ) and (PACADEEW >= 0 and < NA) and (PACADEEX >=0 and < NA) | Total energy expenditure ( $\mathrm{kcal} / \mathrm{kg} / \mathrm{day}$ ) is equal to the sum of energy expenditure for each activity |
| NS | PACA_1V = DK, R or NS | Respondent did not answer question (don't know, refusal, not specified) |

## 2) Participant in leisure physical activity

Variable name: PACAFLEI
Based on: PACA_1V
Description: The following variable indicates whether the respondent participated in any leisure activities in the three months prior to the interview.
Source: Ontario Health Survey
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/4903.htm

| Value of PACAFLEI | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | PACA_1V = | Respondent participates in leisure <br> physical activity |
| 2 | PACA_1V = 1 | Respondent does not participate in <br> leisure physical activity |
| NS | PACA_1V = DK, R or NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |

## 3) Average monthly frequency of physical activity lasting over $\mathbf{1 5}$ minutes

Variable name: PACADFM
Based on: PACA_1V, PACA_2A, PACA_2B, PACA_2C, PACA_2D, PACA_2E, PACA_2F, PACA_2G, PACA_2H, PACA_2I, PACA_2J, PACA_2K, PACA_2L, PACA_2M, PACA_2N, PACA_20, PACA_2P, PACA_2Q, PACA_2R, PACA_2S, PACA_2T, PACA_2U, PACA_2W, PACA_2X, PACA_3A, PACA_3B, PACA_3C, PACA_3D, PACA_3E, PACA_3F, PACA_3G, PACA_3H, PACA_3I, PACA_3J, PACA_3K, PACA_3L, PACA_3M, PACA_3N, PACA_30, PACA_3P, PACA_3Q, PACA_3R, PACA_3S, PACA_3T, PACA_3U, PACA_3W, PACA_3X
Description: The following variable calculates the average number of times in the past month that respondents took part in a physical activity lasting more than 15 minutes. It should be noted that the questions refer to a three-month period and this variable refers to a one-month period (the total frequency was divided by three).
Source: Ontario Health Survey
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/4903.htm

## Temporary Reformats

| Reformat | Explanation |
| :---: | :---: |
| If PACA_3A $=1, N A, D K, R$ or NS then PACA_2A $=0$ | Set all values for PA_Q3 (time spent on each occasion) |
| If PACA_3B $=1, N A, D K, R$ or NS then PACA_2B $=0$ | to 0 if PA_Q3 is 1 (1 to 15 minutes), NA (did not |
| If PACA_3C $=1, N A, D K, R$ or NS then PACA_2C $=0$ | participate in activity), or DK, R or NS (did not answer |
| If PACA_3D $=1, N A, D K, R$ or NS then PACA_2D $=0$ | question) |
| If PACA_3E $=1, N A, D K, R$ or NS then PACA_2E $=0$ |  |
| If PACA_3F $=1, N A, D K, R$ or NS then PACA_2F $=0$ |  |
| If PACA_3G $=1, N A, D K, R$ or NS then PACA_2G $=0$ |  |
| If PACA_3H = 1, NA, DK, R or NS then PACA_2H = 0 |  |
| If PACA_3I $=1, N A, D K, R$ or NS then PACA_2I $=0$ |  |
| If PACA_3J $=1$, NA, DK, R or NS then PACA_2J $=0$ |  |
| If PACA_3K $=1, N A, D K, R$ or NS then PACA_2K $=0$ |  |
| If PACA_3L $=1, N A, D K, R$ or NS then PACA_2L $=0$ |  |
| If PACA_3M $=1, N A, D K, R$ or NS then PACA_2M $=0$ |  |
| If PACA_3N $=1, N A, D K, R$ or NS then PACA_2N $=0$ |  |
| If PACA_30 $=1, N A, D K, R$ or NS then PACA_20 $=0$ |  |
| If PACA_3P $=1, N A, D K, R$ or NS then PACA_2P $=0$ |  |
| If PACA_3Q $=1, N \mathrm{~N}, \mathrm{DK}, \mathrm{R}$ or NS then PACA_2Q $=0$ |  |
| If PACA_3R $=1, N A, D K, R$ or NS then PACA_2R $=0$ |  |
| If PACA_3S $=1, N A, D K, R$ or NS then PACA_2S $=0$ |  |
| If PACA_3T $=1, N A, D K, R$ or NS then PACA_2T $=0$ |  |
| If PACA_3U $=1, N A, D K, R$ or NS then PACA_2U $=0$ |  |
| If PACA_ $3 \mathrm{~W}=1, \mathrm{NA}, \mathrm{DK}, \mathrm{R}$ or NS then PACA_2W $=0$ |  |
| If PACA_ $3 \mathrm{X}=1, \mathrm{NA}, \mathrm{DK}, \mathrm{R}$ or NS then PACA_2X $=0$ |  |


| Value of PACADFM | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 0 | PACA_1V=1 | No physical activity |
| $\begin{gathered} \text { (PACA_2A + PACA_2B + } \\ \text { PAQ_2C + PAQ_2D }+ \\ \text { PACA_2E + PACA_2F + } \\ \text { PACA_2G + PACA_2H + } \\ \text { PACA_2I + PACA_2J + } \\ \text { PACA_2K + PACA_2L + } \\ \text { PACA_2M + PACA_2N + } \\ \text { PACA_2O + PACA_2P + } \\ \text { PACA_2Q + PACA_2R + } \\ \text { PACA_2S + PACA_2T + } \\ \text { PACA_2U + PACA_2W + } \\ \text { PACA_2X) / } 3 \end{gathered}$ <br> Min: 0 ; Max: 995 <br> (Round to nearest integer) | (PACA_2A >=0 and <NA) and (PACA_2B $>=0$ and $<N A$ ) and (PACA_2C $>=0$ and $<N A$ ) and (PACA_2D $>=0$ and $<N A$ ) and (PACA_2E $>=0$ and $<N A$ ) and (PACA_2F $>=0$ and $<N A$ ) and (PACA_2G $>=0$ and $<N A$ ) and (PACA_2H $>=0$ and $<N A$ ) and (PACA_2I >=0 and $<N A$ ) and (PACA_2J $>=0$ and $<N A$ ) and (PACA_2K $>=0$ and $<N A$ ) and (PACA_2L $>=0$ and $<N A$ ) and (PACA_2M $>=0$ and $<N A$ ) and (PACA_2N $>=0$ and $<N A$ ) and (PACA_2O $>=0$ and $<N A)$ and (PACA_2P $>=0$ and $<N A$ ) and (PACA_2Q $>=0$ and $<N A$ ) and (PACA_2R $>=0$ and $<N A$ ) and (PACA_2S $>=0$ and $<N A$ ) and (PACA_2T $>=0$ and $<N A$ ) and (PACA_2U $>=0$ and $<N A$ ) and (PACA_2W $>=0$ and $<N A$ ) and (PACA 2X $>=0$ and $<N A$ ) | Total frequencies of PCUAFOPT activity lasting over 15 min over 3 months divided by 3. |
| NS | PACA_1V = DK, R or NS | Respondent did not answer (don't know, refusal, not specified) at least one question required for calculation |

## 4) Frequency of all physical activity - lasting more than 15 minutes

Variable name: PACADFR
Based on: PACADFM
Description: The following variable classifies respondents based on their average monthly frequency of physical activities lasting more than 15 minutes.

| Value of PACADFR | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | PACADFM >=12 and < NA | Respondent exercises regularly |
| 2 | PACADFM >=4 and < 12 | Respondent exercises occasionally |
| 3 | PACADFM <4 | Respondent exercises infrequently |
| NS | PACADFM = NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |

## 5) Participant in daily physical activity lasting over 15 minutes

Variable name: PACAFD
Based on: PACADFM
Description: The following variable indicates if the respondent participated daily in physical activity.

| Value of PACAFD | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | PACADFM >=30 and < NA | Respondent exercises daily |
| 2 | PACADFM <30 | Respondent does not exercise daily |
| NS | PACADFM = NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |

## 6) Physical Activity Index

Variable name: PACADPAI
Based on: PACADEE
Description: Energy expenditure values used to categorize individuals are the same as those used in the Ontario Health Survey (OHS) and in the Campbell's Survey on Well Being.
Internet Site: Campbell Survey on Well-Being in Canada: www.cflri.ca/cflri/pa/surveys/88survey.html

| Value of PACADPAI | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | PACADEE $>=3.0$ and $<$ NA | Active |
| 2 | PACADEE $>=1.5$ and $<3.0$ | Moderate |
| 3 | PACADEE $>=0$ and $<1.5$ | Inactive |
| NS | PACADEE $=$ NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |

## Sedentary Activities (1 DV)

## Temporary Reformats

| Reformat | Explanation |
| :--- | :--- |
| if SACA_1 $=1$ then SACA_1 $=0$ | Recode to midpoint of response ranges |
| if SACA_1 $=2$ then SACA_1 $=0.5$ |  |
| if SACA_1 $=3$ then SACA_1 $=1.5$ |  |
| if SACA_1 $=4$ then SACA_1 $=4$ |  |
| if SACA_1 $=5$ then SACA_1 $=8$ |  |
| if SACA_1 $=6$ then SACA_1 $=12.5$ |  |
| if SACA_1 $=7$ then SACA_1 $=17.5$ | Recode to midpoint of response ranges |
| if SACA_1 $=8$ then SACA_1 $=20$ |  |
| if SACA_2 $=1$ then SACA_2 $=0$ |  |
| if SACA_2 $=2$ then SACA_2 $=0.5$ |  |
| if SACA_2 $=3$ then SACA_2 $=1.5$ |  |
| if SACA_2 $=4$ then SACA_2 $=4$ |  |
| if SACA_2 $=5$ then SACA_2 $=8$ |  |
| if SACA_2 $=6$ then SACA_2 $=12.5$ |  |
| if SACA_2 $=7$ then SACA_2 $=17.5$ |  |
| if SACA_2 $=8$ then SACA_2 $=20$ |  |
| if SACA_3 $=1$ then SACA_3 $=0$ |  |
| if SACA_3 $=2$ then SACA_3 $=0.5$ |  |
| if SACA_3 $=3$ then SACA_3 $=1.5$ |  |
| if SACA_3 $=4$ then SACA_3 $=4$ |  |
| if SACA_3 $=5$ then SACA_3 $=8$ |  |
| if SACA_3 $=6$ then SACA_3 $=12.5$ |  |
| if SACA_3 $=7$ then SACA_3 $=17.5$ |  |
| if SACA_3 $=8$ then SACA_3 $=20$ |  |
| if SACA_4 $=1$ then SACA_4 $=0$ |  |
| if SACA_4 $=2$ then SACA_4 $=0.5$ |  |
| if SACA_4 $=3$ then SACA_4 $=1.5$ |  |
| if SACA_4 $=4$ then SACA_4 $=4$ |  |
| if SACA_4 $=5$ then SACA_4 $=8$ |  |
| if SACA-4 $=6$ then SACA_4 $=12.5$ |  |
| if SACA_4 $=7$ then SACA_4 $=17.5$ |  |
| if SACA_4 $=8$ then SACA_4 $=20$ |  |

## 1) Time spent on sedentary activities

## Variable name: SACADTOT

Based on: SACA_1, SACA_2, SACA_3, SACA_4
Description: The following variable represents the time spent on selected sedentary activities. Sedentary activities are activities that one performs during his/her leisure time, not while at work or at school. The respondent was asked about time spent on a computer, playing video games, watching television and reading.

Preliminary Addition:

| Value of SACA | Condition(s) | Explanation |
| :---: | :---: | :---: |
| SACA_1+SACA_2+ SACA_3+SACA_4 | $\begin{aligned} & (0<=\text { SACA_1 }<=20) \text { and } \\ & (0<=\text { SACA_2 }<=20) \text { and } \\ & (0<=\text { SACA_3 }<=20) \text { and } \\ & (0<=\text { SACA_4 }<=20) \end{aligned}$ | Valid response codes for all required questions where the respondent is aged <20 |
| SACA_1+SACA_3+SACA_4 | ( $0<=$ SACA_1 <= 20) and (SACA_2 = NA) and ( $0<=$ SACA_3 $<=20$ ) and ( $0<=$ SACA_4 <= 20) | Valid response codes for all required questions in the section where respondent is aged $>=20$ |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | (SACA_1 = DK, R or NS) or (SACA_2 = DK, R or NS) or (SACA_3 = DK, R or NS) or (SACA_4 = DK, R or NS) | Respondent did not answer (don't know, refusal, not stated) at least one question required for calculation |
| NA | SACA_1 = NA | Population exclusions optional content not selected |

Use total from SACA to assign value to SACADTOT:

| Value of SACADTOT | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | $0<=$ SACA $<5$ | Less than 5 hours |
| 2 | $5<=$ SACA $<10$ | From 5 to 9 hours |
| 3 | $10<=$ SACA $<15$ | From 10 to 14 hours |
| 4 | $15<=$ SACA $<20$ | From 15 to 19 hours |
| 5 | $20<=$ SACA $<25$ | From 20 to 24 hours |
| 6 | $25<=$ SACA $<30$ | From 25 to 29 hours |
| 7 | $30<=$ SACA $<35$ | From 30 to 34 hours |
| 8 | $35<=$ SACA $<40$ | From 35 to 39 hours |
| 9 | $40<=$ SACA $<45$ | From 40 to 44 hours |
| 10 | $45<=$ SACA $<96$ | More than 45 hours |
| NS | SACA $=$ DK, R or NS | Respondent did not answer <br> (don't know, refusal, not <br> stated) at least one question <br> required for calculation |
| NA | Population exclusions - <br> optional content not selected |  |

## Injuries (11 DVs)

## 1) Cause of injury

Variable name: INJAGCAU
Based on: INJA_10, INJA_12
Description: The following variable describes the respondent's cause of injury.
Technical Specs: This variable is created from the merging of the "fall" indicator and the list of "other causes of injury". A value of N/A will be assigned to respondents not injured in the past 12 months. A value of NS will be returned if any of the questions were not answered (don't know, refusal, not stated).

| Value of INJAGCAU | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | INJA_10=1 | Fall (excluding transport) |
| 2 | INJA_12=1 | Transportation accident |
| 3 | INJA_12= 2, 3 | Accidentally bumped, pushed, bitten, etc. by person or animal, or accidentally struck or crushed by object |
| 4 | INJA_12=4,6 | Accidental contact - sharp object, tool, machine, hot object, liquid or gas |
| 5 | INJA_12=8 | Overexertion or strenuous movement |
| 6 | INJA_12=5,7,9,10 | Other |
| NS | (INJA_10=2, DK, R or NS) and (INJA_12=DK, R or NS) | Respondent did not answer at least one of the questions required for the variable. |
| NA | INJA_01=2 | Respondent was not injured in past 12 months. |

## 2) Injury Status

Variable name: INJADSTT
Based on: INJA_01, INJA_16
Description: The following variable describes the injury status of the respondent.

| Value of INJADSTT | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | INJA_01=2 and <br> INJA_16=2 | No injuries |
| 1 | INJA_01=1 and <br> INJA_16=2 | INJA_01=2 and <br> INJA_16=1 |
| 2 | INJA_01=1 and <br> INJA_16=1 | Treated (non-activity limiting) <br> injury only |
| 3 | (INJA_01=DK, R, or NS) or <br> (INJA_16=DK, R, or NS) | Both activity-limiting and treated <br> (non-activity limiting) injuries |
| NS | Respondent did not answer one of <br> the questions required. |  |

## 3) Most Serious Injury

Variable name: INJAG05
Based on: INJA_05
Description: The following variable groups the responses of most serious injury.

| Value of INJAG05 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INJA_05 $=1$ | Multiple injuries |
| 2 | INJA_05 $=2$ | Broken/fractured bones |
| 3 | INJA_05 $=3,9$ | Burn/Scald/Chemical/ Poisoning |
| 4 | INJA_05 $=4$ | Dislocation |
| 5 | INJA_05 $=5$ | Sprain/strain |
| 6 | INJA_05 $=6$ | Cut/puncture/bite |
| 7 | INJA_05 $=7$ | Scrape/bruise/blister |
| 8 | INJA_05 $=8,10$ | Concussion/internal injury |
| 9 | INJA_05 $=11$ | Other |
| NS | INJA_05 $=$ DK, R or NS | Respondent did not answer (don't <br> know, refusal, not specified) |
| NA | INJA_05 = NA | Not applicable |

## 4) Most Serious Injury - body part affected

Variable name: INJAG06
Based on: INJA_06
Description: The following variable groups the responses of most serious injury by body part affected.

| Value of INJAGO6 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INJA_06 $=1$ | Multiple sites |
| 2 | INJA_06 $=2,3,4$ | Eyes/head/neck |
| 3 | INJA_06 $=5$ | Shoulder/upper arm |
| 4 | INJA_06 $=6$ | Elbow/lower arm |
| 5 | INJA_06 $=7$ | Wrist/hand <br> Hip/thigh/knee, lower leg/ankle, <br> foot |
| 6 | INJA_06 $=8,9,10,11$ | Upper or lower back/spine <br> 7 |
| 8 | INJA_06 $=12,13$ | Chest or abdomen or pelvis(excl. <br> back and spine) |
| NS | Respondent did not answer (don't <br> know, refusal, not specified) |  |
| NA | INJA_06 $=$ DK, R or NS | Not applicable |

## 5) Most Serious Injury - Place of occurrence

Variable name: INJAG08
Based on: INJA_08
Description: The following variable groups the responses of most serious injury by place of occurrence.

| Value of INJAGO8 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INJA_08 $=1$ | In a home or its surrounding area |
| 2 | INJA_08 $=2,3,4$ | Residential institution/school, <br> college, university/other institution |
| 3 | INJA_08 $=5$ | Sports or athletic area |
| 4 | INJA_08 $=6$ | Street, highway, sidewalk |
| 5 | INJA_08 $=7,8,9$ | Commercial area/industrial or <br> construction area/farm |
| 6 | INJA_08 $=10$ | Other <br> Respondent did not answer (don't <br> know, refusal, not specified) |
| NS | INJA_08 = DK, R or NS | Not applicable |
| NA | INJA_08 = NA |  |

## 6) Most Serious Injury - Activity when injured

Variable name: INJAG09
Based on: INJA_09
Description: The following variable groups the responses of most serious injury by activity when injured.

| Value of INJAGO9 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INJA_09 = 1, 2 | Sport or physical exercise/leisure or <br> hobby |
| 2 | INJA_09 = 3 | Work at a job or business |
| 3 | INJA_09 $=4,5$ | Household chores, other unpaid <br> work/sleeping, eating, personal <br> care |
| 4 | Other |  |
| NS | INJA_09 = 6 | Respondent did not answer (don't <br> know, refusal, not specified) |
| NA | INJA_09 = DK, R or NS | Not applicable |

## 7) Most Serious Injury - How fell

Variable name: INJAG11
Based on: INJA_11
Description: The following variable groups the responses of most serious injury by how the respondent fell.

| Value of INJAG11 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INJA_11 = 1, 3 | While skating, skiing, snowboarding <br> etc./slip, trip, stumble on ice or <br> snow |
| 2 | INJA_11 $=2,5,6$ | Going up or down stairs/steps/from <br> furniture/from elevated position |
| 3 | INJA_11 = 4 | Slip, trip, stumble on any other <br> surface |
| 4 | Other |  |
| NS | INJA_11 $=7$ <br> know, refust did not answer (don't <br> know specified) |  |
| NA | Not applicable |  |

## 8) Most Serious Injury - Treated in a clinic

Variable name: INJAG14C
Based on: INJA_14C, INJA_14D, INJA_14E, INJA_14F
Description: The following variable indicates whether the most serious injury of the respondent was treated in a clinic.

| Value of INJAG14C | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | $\begin{aligned} & \text { INJA_14C }=1 \text { or INJA_14D }=1 \text { or } \\ & \text { INJA_14E }=1 \text { or INJA_14F }=1 \\ & \hline \end{aligned}$ | Treated in a clinic |
| 2 | INJA_14C $=2$ and INJA_14D $=2$ and INJA $14 \mathrm{E}=2$ and INJA $14 \mathrm{~F}=2$ | Not treated in a clinic |
| DK | INJA_14C = DK and INJA_14D = DK and INJA_14E = DK and INJA_14F = DK | Don't know |
| R | INJA_14C = R and INJA_14D = R and INJA_14E $=\mathrm{R}$ and INJA_14F = R | Refusal |
| NS | INJA_14C = NS and INJA_14D = NS and INJA_14E = NS and INJA_14F = NS | Not stated |
| NA | INJA_14C = NA and INJA_14D = NA and INJA_14E = NA and INJA $14 \mathrm{~F}=\mathrm{NA}$ | Not applicable |

## 9) Most Serious Injury - Treated at work/school/home

Variable name: INJAG14G
Based on: INJA_14G, INJA_14H, INJA_14I
Description: The following variable indicates whether the most serious injury of the respondent was treated at work, school or home.

| Value of INJAG14G | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INJA_14G $=1$ or INJA_14H = 1 or <br> INJA_14I $=1$ | Treated at work/school/home |
| 2 | INJA_14G $=2$ and INJA_14H $=2$ <br> and INJA_14I $=2$ | Not treated at work/school/home |
| DK | INJA_14G $=$ DK and INJA_14H = DK <br> and INJA_14I $=$ DK | Don't know |
| R | INJA_14G $=$ R and INJA_14H $=$ R <br> and INJA_14I $=$ R | Refusal |
| NS | INJA_14G $=$ NS and <br> INJA_14H = NS and <br> INJA_14I $=$ NS | Not stated |
| NA | INJA_14G = NA and INJA_14H = NA <br> and INJA_14I = NA | Not applicable |

## 10) Most Serious Injury - Treated by telephone consultation or other

Variable name: INJAG14J
Based on: INJA_14J, INJA_14K
Description: The following variable indicates whether the most serious injury of the respondent was treated by telephone consultation or in other place.

| Value of INJAG14G | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INJA_14J = 1 or INJA_14K = 1 | Treated by telephone consultation <br> or other |
| 2 | INJA_14J = 2 and INJA_14K = 2 | Not treated by telephone <br> consultation or other |
| DK | INJA_14J = DK and INJA_14K = DK | Don't know |
| R | INJA_14J = R and INJA_14K = R | Refusal |
| NS | INJA_14J $=$ NS and <br> INJA_14K $=$ NS | Not stated |
| NA | INJA_14J = NA and <br> INJA_14K $=$ NA | Not applicable |

## 11) Repetitive strain injury

Variable name: REPAG3
Based on: REPA_3
Description: The following variable indicates the body part affected by the repetitive strain injury.

| Value of INJAG11 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | REPA_3 $=2$ | Neck |
| 2 | REPA_3 = 3 | Shoulder/upper arm |
| 3 | REPA_3 = 4 | Elbow/lower arm |
| 4 | REPA_3 = 5 | Wrist/hand |
| 5 | REPA_3 = 8 | Knee/lower leg |
| 6 | REPA_3 = 9 | Ankle/foot |
| 7 | REPA_3 = 10 | Upper back/upper spine |
| 8 | REPA_3 =11 | Lower back/lower spine |
| 9 | REPA_3 $=1$ or REPA_3 $=6$ or <br> REPA_3 $=7$ or REPA_3 $=12$, <br> REPA_3 $=13$ | Other(includes head, hip, thigh, <br> chest, abdomen or pelvis) |
| NS | REPA_3 = NS | Respondent did not answer (don't <br> know, refusal, not specified) |
| NA | REPA_3 = NA | Not applicable |

## Health Utility Index (HUI) (9 DVs)

## 1) Vision trouble (function code)

Variable name: HUIAGVIS
Based on: Concatenation of HUIA_01||HUIA_02||HUIA_03||HUIA_04||HUIA_05
Description: The following variable classifies the respondent based on his/her vision state.
Note Example of concatenation: If HUIA_01=2, HUIA_02=1, HUIA_03=6, HUIA_04=1, HUIA_05=6 then the condition becomes 21616 and the value of HUIADVIS is 2.

| Value of HUIAGVIS | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | $16616 \quad$ | No visual problems |
| 2 | 16621 or <br> 21616 or <br> 21621 | Problems corrected by lenses <br> (distance, close, or both) |
| 3 | 16622 <br> 21622 | Problems seeing distance - not <br> corrected |
| 4 | 22116 or <br> 22121 | Problems seeing close - not <br> corrected |
| 5 | 22122 or <br> 22266 | Problem seeing close and distance <br> - not corrected, or no sight at all |
| NS | Otherwise | Respondent did not answer (don't <br> know, refusal, not specified) at <br> least one question required for <br> calculation. |
|  |  |  |

## 2) Hearing problems (function code)

Variable name: HUIAGHER
Based on: Concatenation of HUIA_06||HUIA_07||HUIA_07A||HUIA_08||HUIA_09
Description: The following variable classifies the respondent based on his/her hearing state.

| Value of HUIAGHER | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | 16666 | No hearing problems |
| 2 | 21616 or 21621 or <br> 21622 | Problem hearing in group and/or <br> individual - corrected |
| 3 | 22116 or 22121 or 22122 or | Problem hearing in group - not <br> corrected; Problem hearing in <br> group and individual - individual <br> corrected; Cannot hear |
|  | Otherwise | Respondent did not answer (don't <br> know, refusal, not specified) at <br> least one question required for <br> calculation. |
| NS |  |  |

## 3) Speech trouble (function code)

Variable name: HUIAGSPE
Based on: Concatenation of HUIA_10||HUIA_11||HUIA_12||HUIA_13
Description: The following variable classifies the respondent based on his/her state of speech trouble.

| Value of HUIAGSPE | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | 1666 No speech problems |  |
| 2 | 2116 or 2121 or 2216 or 2221 or <br> 2122 or 2222 | Partially or not understood |
| NS | Otherwise | Respondent did not answer (don't <br> know, refusal, not specified) at <br> least one question required for <br> calculation. |

## 4) Mobility trouble (function code)

## Variable name: HUIAGMOB

Based on: Concatenation of HUIA_14||HUIA_15||HUIA_16||HUIA_17||HUIA_18
Description: The following variable classifies the respondent based on his/her state of mobility trouble.

| Value of HUIAGMOB | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | 16666 | No mobility problems |
| 2 | 21222 | Problem - no aid required |
| 3 | $\begin{aligned} & 21122 \text { or } 21121 \text { or } \\ & 21221 \end{aligned}$ | Problem - requires mechanical support or wheelchair |
| 4 | $\begin{aligned} & 21111 \text { or } 21112 \text { or } 21211 \text { or } 21212 \\ & \text { or } 22661 \text { or } 22662 \end{aligned}$ | Problem - requires help from people or cannot walk |
| NS | Otherwise | Respondent did not answer (don't know, refusal, not specified) at least one question required for calculation. |

## 5) Dexterity trouble (function code)

Variable name: HUIAGDEX
Based on: Concatenation of HUIA_21||HUIA_22||UI_23||UI_24
Description: The following variable classifies the respondent based on his/her state of dexterity trouble.

| Value of HUIAGDEX | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | $1666 \quad$ No dexterity problems |  |
| 2 | 2262 | Dexterity problem - no help <br> required |
| 3 | 2261 or 2111 or 2112 or 2121 or <br> 2122 or 2131 or 2132 or 2141 or <br> 2142 | Dexterity problem - requires help |
| NS | Otherwise | Respondent did not answer (don't <br> know, refusal, not specified) at <br> least one question required for <br> calculation. |

## 6) Emotional problems (function code)

Variable name: HUIADEMO
Based on: HUIA_25
Description: The following variable classifies the respondent based on his/her level of emotional problems.

| Value of HUIADEMO | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | HUIA_25 $=1$ | Happy and interested in life |
| 2 | HUIA_25 =2 | Somewhat happy |
| 3 | HUIA_25 =3 | Somewhat unhappy |
| 4 | HUIA_25 = 4 | Very unhappy |
| 5 | HUIA_25 =5 | So unhappy that life is not <br> worthwhile |
| NS | HUIA_25 = DK, R, NS | Respondent did not answer <br> question (don't know, refusal, not <br> specified) |

## 7) Cognition (function code)

Variable name: HUIADCOG
Based on: Concatenation of HUIA_26||HUIA_27
Description: The following variable classifies the respondent based on his/her level of cognitive problems.

| Value of HUIADCOG | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | 11 | No cognitive problems |
| 2 | $\begin{aligned} & 12 \text { or } \\ & 13 \end{aligned}$ | A little difficulty thinking |
| 3 | 21 | Somewhat forgetful |
| 4 | $\begin{aligned} & 22 \text { or } \\ & 23 \end{aligned}$ | Somewhat forgetful / a little difficulty thinking |
| 5 | $\begin{aligned} & 14 \text { or } \\ & 24 \text { or } \\ & 31 \text { or } \\ & 32 \text { or } \\ & 33 \text { or } \\ & 34 \\ & \hline \end{aligned}$ | Very forgetful / great deal of difficulty thinking |
| 6 | $\begin{aligned} & 15 \text { or } \\ & 25 \text { or } \\ & 35 \text { or } \\ & 41 \text { or } \\ & 42 \text { or } \\ & 43 \text { or } \\ & 44 \text { or } \\ & 45 \end{aligned}$ | Unable to remember or to think |
| NS | Otherwise | Respondent did not answer (don't know, refusal, not specified) at least one question required for calculation. |

## 8) Activities prevented / pain (function code)

Variable name: HUIADPAD
Based on: Concatenation of HUIA_28||HUIA_30
Description: The following variable classifies the respondent based on his/her activity limitation due to pain or discomfort.

| Value of HUIADPAD | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | 16 | No pain or discomfort |
| 2 | 21 | Pain does not prevent activity |
| 3 | 22 | Pain prevents a few activities |
| 4 | 23 | Pain prevents some activities |
| 5 | 24 | Pain prevents most activities |
| NS | Respondent did not answer (don't <br> know, refusal, not specified) at <br> least one question required for <br> calculation. |  |

## 9) Health utility index (HUI3)

## Variable name: HUIADHSI

Based on: HUIADVIS, HUIADHER, HUIADSPE, HUIADMOB, HUIADDEX, HUIADEMO, HUIADCOG, HUIADPAD Description: The Health Status Index or Health Utility Index (HUI) is a generic health status index that is able to synthesize both quantitative and qualitative aspects of health. The index, developed at McMaster University's Centre for Health Economics and Policy Analysis, is based on the Comprehensive Health Status Measurement System (CHSMS). It provides a description of an individual's overall functional health, based on eight attributes: vision, hearing, speech, mobility (ability to get around), dexterity (use of hands and fingers), cognition (memory and thinking), emotion (feelings), and pain and discomfort.

In addition to describing functional health status levels, the CHSMS is the basis for HUI3. The HUI3 is a single numerical value for any possible combination of levels of these eight self-reported health attributes. The HUI3 maps any one of the vectors of eight health attribute levels into a summary health value between -0.360 and 1 . For instance, an individual who is near-sighted, yet fully healthy on the other seven attributes, receives a score of 0.973 . On that scale, the most preferred health level (perfect health) is rated 1.000 and death is rated 0.000 , while negative scores reflect health states considered worse than death.

The scores of the HUI embody the views of society concerning health status. These views are termed societal preferences, since preferences about various health states are elicited from a representative sample of individuals.

The HUI3 (Mark 3) was developed by McMaster University's Centre for Health Economics and Policy Analysis, and is derived using societal preferences from a random sample of 500 people within the boundaries of the City of Hamilton-Wentworth, Ontario, Canada.

The algorithm mapping the questions to the CHSMS itself is the property of Health Utilities Inc. and is protected by copyright. Statistics Canada is authorized, when requested, to share this algorithm with users who wish to replicate results or analyses conducted by Statistics Canada. The use of the algorithm for other purposes, or the sharing of it with others, is prohibited.

For a detailed explanation of the calculation of the HUI3, refer to:

- Furlong WJ, Feeny DH, Torrance GW. "Health Utilities Index (HUI): Algorithm for determining HUI Mark 2 (HUI2)/ Mark 3 (HUI3) health status classification levels, health states, health-related quality of life utility scores and single-attribute utility score from 40-item interviewer-administered health status questionnaires. Dundas, Canada: Health Utilities Inc. February 1999.
- Furlong WJ, Feeny DH, Torrance GW, et al. "Multiplicative multi-attribute utility function for the Health Utilities Index Mark 3 (HUI3) system: a technical report" Hamilton, Canada: McMaster University Centre for Health Economics and Policy Analysis Working Paper \#98-11, December 1998.

Higher scale indicates better health index
Range: -0.360 to 1 in increments of 0.001

Source: McMaster University
Internet Site: McMaster University: www.fhs.mcmaster.ca/hug/update.htm, www.fhs.mcmaster.ca/hug/wp9811.htm, www.healthutilities.com/hui3.htm

## Work Stress (7 DVs)

The work stress items are sub-divided into six dimensions. Respondents between the age of 15 and 75 who worked at a job or business at anytime in the past 12 months were asked to evaluate their main job in the past 12 months. The 12-item index, based on a larger pool of items from Karasek, reflects a respondent's perceptions about various dimensions of his/her work including job security, social support, monotony, physical effort required, and extent of participation in decision-making. Higher scores indicate greater work stress.

To measure work stress, the survey asks participants to rank responses to the following 12 statements using a five-point scale, ranging from "strongly agree" (a score of 1 ) to "strongly disagree" (a score of 5).

## Temporary Reformats

| Reformat | Explanation |
| :---: | :---: |
| if WSTA_401 <= 5 then WSTA_401 = (WSTA_401-1) | Rescale the answers for questions WSTA_401 to WSTA_412 from 1-5 to 0-4 for all questions with valid response categories. |
| if WSTA_402 <= 5 then WSTA_402 = (WSTA_402-1) |  |
| if WSTA_403 <= 5 then WSTA_403 = (WSTA_403-1) |  |
| if WSTA_404 <= 5 then WSTA_404 = (WSTA_404-1) |  |
| if WSTA_405 <= 5 then WSTA_405 = (WSTA_405-1) |  |
| if WSTA_406 <= 5 then WSTA_406 = (WSTA_406-1) |  |
| if WSTA_407 <= 5 then WSTA_407 = (WSTA_407-1) |  |
| if WSTA_408 <= 5 then WSTA_408 = (WSTA_408-1) |  |
| if WSTA_409 <= 5 then WSTA_409 = (WSTA_409-1) |  |
| if WSTA_410 <= 5 then WSTA_410 = (WSTA_410-1) |  |
| if WSTA_411 <= 5 then WSTA_411 = (WSTA_411-1) |  |
| if WSTA_412 <= 5 then WSTA_412 = (WSTA_412-1) |  |
| if WSTA_404 <= 4 then WSTA_404 = (4-WSTA_404) | Invert scale of rescaled questions WSTA_404, WSTA_405, WSTA_408, WSTA_410 where these questions have valid response categories (i.e. response codes from 0 to 4). |
| if WSTA_405 <= 4 then WSTA_405 $=$ ( $4-$ WSTA_405) |  |
| if WSTA_408 <= 4 then WSTA_408 = (4-WSTA_408) |  |
| if WSTA_410 <= 4 then WSTA_410 $=(4-$ WSTA_410) |  |

## 1) Work stress scale - all items

## Variable name: WSTADALL

Based on: WSTA_401 TO WSTA_412
Description: The following variable determines the respondent's perception about all dimensions of their work.
Technical Specs: The method proposed by Blair Wheaton from the University of Toronto with respect to stress variables was used in order to allow for a number of missing values. The stress index has been calculated using the mean of "true" answers adjusted by the number of questions to answer.

- $\quad \mathrm{DV}=$ Mean * Total number of questions asked
- Mean = Sum of "true" answers/ (number of "true" + "false" answers to questions asked)

This method is similar to using the sum of all "True" answers except when there are some missing values ("Don't know", "Refusal", or "Not stated"). "Don't know" answers are treated as missing values. It was decided that up to a maximum of $25 \%$ of "Don't know", "Refusals" or "Not stated" answers would be allowed in order to compute the index. In other words, up to three "Don't know", "Refusals" or "Not stated" answers are permitted.

| Value of WSTADALL | Condition(s) | Explanation |
| :---: | :--- | :--- |
| (Sum of all valid responses / \# of <br> valid responses)*12 <br> (round to nearest integer) <br> (min: $0 ;$ max: 48) | 3 or less of: <br> WSTA_401 through WSTA_412 <br> = DK, R or NS <br> Rest are Valid (>=0 and <=4) | Valid response codes for required <br> questions in the section. |
| NS | ADMA_PRX=1 | 4 or more of: <br> WSTA_401 through WSTA_412 <br> = DK,R, NS | | Section not asked by proxy |
| :--- |
| NS |
| know, refusal, not stated) at least |
| one question required for |
| calculation. |

## 2) Work stress scale - decision latitude: skill discretion

Variable name: WSTADSKI
Based on: WSTA_401, WSTA_402, WSTA_404
Description: The following variable determines the respondent's task variety at main job in the past 12 months. Questions are asked about whether the respondent was required to keep learning new things, or if his/her job required high level of skill and creativity.

| Value of WSTADSKI | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \text { WSTA_401 + WSTA_402 + } \\ \text { WSTA_404 } \\ \text { (min: } 0 \text {; max: } 12 \text { ) } \\ \hline \end{gathered}$ | (WSTA_401 >= 0 and $<=4$ ) and (WSTA_402 $>=0$ and $<=4$ ) and (WSTA_404>=0 and <= 4) | Valid response codes for all required questions in the section. |
| NS | ADMA_PRX=1 | Section not asked by proxy |
| NS | (WSTA_401 = DK,R, NS) or (WSTA_402 = DK,R, NS) or (WSTA_404 = DK,R, NS) | Respondent did not answer (don't know, refusal, not stated) at least one question required for calculation. |
| NA | WSTA_401 = NA | Population exclusions - Optional content not selected; age < 15 or age > 75; GENA 08 <> 1 |

## 3) Work stress scale - decision latitude: decision authority

Variable name: WSTADAUT
Based on: WSTA_403, WSTA_409
Description: The following variable determines whether the respondent's main job in the past 12 months allowed them freedom in how to do their job and if they have a lot of say of what happened in their job.

| Value of WSTADAUT | Condition(s) | Explanation |
| :---: | :--- | :--- |
| WSTA_403 + WSTA_409 <br> (min: 0 ; max: 8$)$ | (WSTA_403 >= 0 and $<=4)$ and <br> (WSTA_409 >=0 and $<=4)$ | Valid response codes for all <br> required questions in the section. |
| NS | ADMA_PRX=1 | Section not asked by proxy |
| NS | (WSTA_403 $=$ DK, R, NS) or <br> (WSTA_409 = DK, R, NS) | Respondent did not answer (don't <br> know, refusal, not stated) at least <br> one question required for <br> calculation. |
| NA | Population exclusions - Optional <br> content not selected; age $<15$ or <br> age $>75 ;$ GENA_08 $<>1$ |  |

## 4) Work stress scale - psychological demands

Variable name: WSTADPSY
Based on: WSTA_405, WSTA_406
Description: The following variable determines if the respondent was free from conflicting demands that others make and if their main job in the past 12 months was very hectic.

| Value of WSTADPSY | Condition(s) | Explanation |
| :---: | :--- | :--- |
| WSTA_405 + WSTA_406 <br> (min: 0 ; max: 8) | (WSTA_405 $>=0$ and $<=4$ ) and <br> (WSTA_406 $>=0$ and $<=4)$ | Valid response codes for all <br> required questions in the section. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | (WSTA_405 $=$ DK, R, NS) or <br> (WSTA_406 $=$ DK, R, NS) | Respondent did not answer (don't <br> know, refusal, not stated) at least <br> one question required for <br> calculation. |
| NA | Population exclusions - Optional <br> content not selected; age $<15$ or <br> age $>75 ;$ GENA_08 $<>1$ |  |

## 5) Work stress scale - job insecurity

Variable name: WSTADJIN
Based on: WSTA_407
Description: The following variable determines if the respondent feels that their main job's security was good.

| Value of WSTADJIN | Condition(s) | Explanation |
| :---: | :--- | :--- |
| WSTA_407 <br> (min: $0 ;$ max: 4) | (WSTA_407 >=0 and <=4) | Valid response codes for all <br> required questions in the section. |
| NS | ADMA_PRX=1 | Section not asked by proxy |
| NS | (WSTA_407 $=$ DK,R, NS) | Respondent did not answer (don't <br> know, refusal, not stated) the <br> question required. |
| NA | Population exclusions - Optional <br> content not selected; age $<15$ or <br> age $>75 ;$ GENA_08 $<>1$ |  |

## 6) Work stress scale - physical exertion

Variable name: WSTADPHY
Based on: WSTA_408
Description: The following variable determines whether the main job in the past 12 months required a lot of physical effort.

| Value of WSTADPHY | Condition(s) | Explanation |
| :---: | :--- | :--- |
| WSTA_408 <br> (min: $0 ;$ max: 4) | (WSTA_408 >=0 and <=4) | Valid response codes for the <br> required question. |
| NS | ADMA_PRX=1 | Section not asked by proxy |
| NS | (WSTA_408 = DK, R, NS) | Respondent did not answer (don't <br> know, refusal, not stated) the <br> question required for calculation. |
| NA | Population exclusions - Optional <br> content not selected; age $<15$ or <br> age $>75 ;$ GENA_08 $<>1$ |  |

## 7) Work stress scale - social support

Variable name: WSTADSOC
Based on: WSTA_410, WSTA_411, WSTA_412
Description: The following variable determines whether or not the supervisor and the people the respondent worked with are helpful in getting the job done. Also, to determine if the respondent is exposed to hostility or conflict from the people they worked with at the main job in the past 12 months.

| Value of WSTADSOC | Condition(s) | Explanation |
| :---: | :---: | :---: |
| WSTA_410 + WSTA_411 + WSTA_412 (min: 0 ; max: 12) | (WSTA_410 >= 0 and $>=4$ ) and (WSTA_411 >=0 and $>=4$ ) and (WSTA_412 >=0 and $>=4$ ) | Valid response codes for all required questions in the section. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | (WSTA_410 = DK, R, NS) or (WSTA_411 = DK, R, NS) or (WSTA_412 = DK, R, NS) | Respondent did not answer (don't know, refusal, not stated) at least one question required for calculation. |
| NA | WSTA_401 = NA | Population exclusions - Optional content not selected; age < 15 or age > 75; GENA 08 <> 1 |

## Self-Esteem (1 DV)

## Temporary Reformats

| Reformat | Explanation |
| :--- | :--- |
| if SFEA_501 <= 5 then SFEA_501 $=(5-$ SFEA_501) | Invert and rescale the answers for questions |
| if SFEA_502 <= 5 then SFEA_502 $=(5-$ SFEA_502 $)$ | SFEA_501 to SFEA_505 from $1-5$ to $4-0$ for all |
| if SFEA_503<= 5 then SFEA_503 $=(5-$ SFEA_503 $)$ | questions with response categories. |
| if SFEA_504<= 5 then SFEA_504 $=(5-$ SFEA_504 $)$ |  |
| if SFEA_505 $<=5$ then SFEA_505 $=(5-$ SFEA_505 $)$ |  |
| if SFEA_506 $<=5$ then SFEA_506 $=($ SFEA_506-1) | Rescale the answers to question SFEA_506 where this <br> question has a valid response category. |

## 1) Self-esteem scale

Variable name: SFEADE1
Based on: SFEA_501 TO SFEA_506
Description: The self-esteem index reflects the amount of positive feelings an individual holds about his/herself. Scores on the index are based on a subset of items from the self-esteem Rosenberg scale (1969). The six items have been factored into one dimension in the factor analysis done by Pearlin and Schooler (1978). Higher scores indicate greater self-esteem.
Source: Rosenberg, Morris, Conceiving the Self, Appendix A, 1979, 291-295

| Value of SFEADE1 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| ```SFEA_501 + SFEA_502 + SFEA_503 + SFEA_504 + SFEA_505 + SFEA_506 (min: 0, max: 24)``` | (SFEA_501 >= 0 and <= 4) and (SFEA_502 >= 0 and $<=4$ ) and (SFEA_503 >= 0 and $<=4$ ) and (SFEA_504>=0 and <=4) and (SFEA_505>=0 and <=4) and (SFEA_506>=0 and $<=4$ ) | Valid response codes for all questions in the section. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | (SFEA_501 = DK, R or NS) or (SFEA_502 = DK, R or NS) or (SFEA_503 = DK, R or NS) or (SFEA_504 = DK, R or NS) or (SFEA_505 = DK, R or NS) or (SFEA_506 = DK, R or NS) | Respondent did not answer (don't know, refusal, not stated) at least one question in the section. |
| NA | SFEA_501 = NA | Population exclusions - Optional content not selected |

## Mastery (1 DV)

## Temporary Reformats

| Reformat |  |
| :---: | :---: |
|  | IF MASA_601 <= 5 THEN MASA_601 = (MASA_601-1) |
|  | IF MASA_602 <= 5 THEN MASA_602 = (MASA_602-1) |
|  | IF MASA_603 <= 5 THEN MASA_603 = (MASA_603-1) |
|  | IF MASA_604<= 5 THEN MASA_604 = (MASA_604-1) |
|  | IF MASA_605 <= 5 THEN MASA_605 = (MASA_605-1) |
|  | IF MASA_606 <= 5 THEN MASA_606 = (MASA_606-1) |
|  | IF MASA_607<=5 THEN MASA_607 = (MASA_607-1) |
| IF MASA_606 < $=4$ THEN MASA_606 = (4 - MASA_606) |  |
|  | IF MASA_607 < = 4 THEN MASA_607 = (4 - MASA_607) |


| Explanation |
| :--- |
| Rescale the answers for questions MASA_601 to <br> MASA_607 from $1-5$ to $0-4$ for all questions with <br> response categories. |
| Invert scale for rescaled questions MASA_606 and <br> MASA_607 where these questions have valid <br> response categories. |

## 1) Mastery scale

Variable name: MASADM1
Based on: MASA_601 TO MASA_607
Description: The index which measures sense of mastery is based on the work of Rosenberg, Pearlin and Schooler (1978). It measures the extent to which individuals believe that their life chances are under their control. Higher scores indicate superior mastery. Respondents' answers are based on a 5-point scale.
Source: Perlin, LI and Schooler, C, Journal of Health and Social Behavior ${ }_{\perp}$ « The Structure of Coping », 1981, vol 19, p. 2-21. Electronic version available on the site: www.jstor.org/

| Value of MASADM1 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \text { MASA_601 + MASA_602 + } \\ \text { MASA_603 + MASA_604 + } \\ \text { MASA_605 + MASA_606 + } \\ \text { MASA_607 } \\ \text { (min: 0, max: 28) } \end{gathered}$ | (MASA_601 >= 0 and $<=4$ ) and (MASA_602 >= 0 and $<=4$ ) and (MASA_603 >= 0 and $<=4$ ) and (MASA_604>=0 and <= 4) and (MASA_605 >= 0 and <=4) and (MASA_606 >= 0 and $<=4$ ) and (MASA_607>=0 and $<=4$ ) | Valid response codes for all questions in the section. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | (MASA_601 = DK, R or NS) or (MASA_602 = DK, R or NS) or (MASA_603 = DK, R or NS) or (MASA_604 = DK, R or NS) or (MASA_605 = DK, R or NS) or (MASA_606 = DK, R or NS) or (MASA $607=$ DK, R or NS) | Respondent did not answer (don't know, refusal, not stated) at least one question in the section. |
| NA | MASA_601 = NA | Population exclusions - Optional content not selected |

## Smoking (2 DVs)

## 1) Type of smoker

Variable name: SMKADSTY
Based on: SMKA_01A, SMKA_01B, SMKA_202, SMKA_05D
Description: The following variable describes the type of smoker the respondent is, based on his/her smoking habits.

| Value of SMKADSTY | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | SMKA_202 $=1$ | Daily smoker |
| 2 | (SMKA_202 = 2) and (SMKA_05D = 1) | Occasional smoker but former daily smoker |
| 3 | (SMKA_202 = 2) and (SMKA_05D $=2$ or NA) | Always an occasional smoker |
| 4 | $\begin{aligned} & \text { (SMKA_202 = 3) and } \\ & (\text { SMKA_05D =1) } \end{aligned}$ | Former daily smoker, non-smoker now |
| 5 | (SMKA_202 = 3) and [(SMKA_05D = 2) and (SMKA_01A = 1) or (SMKA_01B = 1)] | Former occasional smoker (at least 1 whole cigarette), non-smoker now |
| 6 | $\begin{aligned} & \text { (SMKA_202 }=3 \text { ) and } \\ & \text { (SMKA_01B }=2 \text { ) and } \\ & \text { (SMKA_01A }=2 \text { ) } \end{aligned}$ | Never smoked a whole cigarette, non-smoker |
| NS | (SMKA_01A = DK, R or NS) or (SMKA_01B = DK, R or NS) or (SMKA_202 = DK, R or NS) or (SMKA 05D = DK, R or NS) | Respondent didn't answer (don't know, refusal, not stated) at least one question required for calculation. |

## 2) Number of years smoked (current daily smokers only)

Variable name: SMKADYCS
Based on: SMKADSTY, SMKA_203, DHHA_AGE
Description: The following variable determines the number of years the respondent has smoked. For daily smokers, the number of years smoked is calculated by subtracting the value in SMKA_203 from their current age.
Source: General Social Survey - Health, Cycle 6 (1991)
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/3894.htm

| Value of SMKADYCS | Condition(s) | Explanation |
| :---: | :--- | :--- |
| DHHA_AGE - SMKA_203 <br> Min: 0; max: (DHHA_AGE)-5 | (SMKADSTY = 1) and <br> (SMKA_203 <= DHHA_AGE) | Valid response codes. |
| NS | (SMKADSTY = NS) or <br> (SMKA_203 $=$ DK, R or NS) | Respondent didn't answer (don't <br> know, refusal, not stated) at least <br> one question required for <br> calculation. |
| NA | SMKADSTY <> 1 or NS | Not a current daily smoker |

## Smoking Cessation Aids (1 DV)

## 1) Attempted/successful quitting

Variable name: SCAADQUI
Based on: SMKADSTY, SMKA_202, SMKA_06A, SMKA_09A, SCAA_5
Description: The following variable indicates whether the respondent attempted to stop smoking and if the attempt was successful.

| Value of SCAADQUI | Condition(s) | Explanation |
| :---: | :---: | :---: |
| , | (SMKA_202 = 1 or 2) and (SCAA_5 = 2) | Didn't try to quit last year - current daily or occasional smoker |
| 2 | (SMKA_202 = 1 or 2) and (SCAA $5=1$ ) | Tried to quit unsuccessfully in the last year |
| 3 | $\begin{aligned} & \text { (SMKADSTY }=4 \text { or } 5 \text { ) and } \\ & \text { [(SMKA_06A }=1) \text { or } \\ & (\text { SMKA_09A =1)] } \end{aligned}$ | Successfully quit in the last year |
| 4 | (SMKADSTY $=4$ or 5 ) and [(SMKA_06A >=2 and <=4) or (SMKA_09A >=2 and <=4)] | Successfully quit more than 1 year ago |
| NS | $\begin{array}{\|l} \hline \text { (SMKADSTY }=\text { NS) or } \\ \text { (SMKA_06A }=\text { DK, R or NS) or } \\ \text { (SMKA_09A }=\text { DK, R or NS) or } \\ \text { (SCAA_5 = DK, R or NS) } \\ \hline \end{array}$ | Respondent didn't answer (don't know, refusal, not stated) at least one question required for calculation. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy. |
| NA | SCAAFOPT = 2 | Population exclusion -Optional content not selected |
| NA | SMKA_202 = 3 and SMKA_01A = 2 | Respondent never smoked or smoked less than 100 cigarettes in lifetime. |

## Alcohol (3 DVs)

## 1) Type of drinker

Variable name: ALCADTYP
Based on: ALCA_2, ALCA_5B
Description: The following variable determines the type of drinker the respondent is based on his/her drinking habits.
Source: General Social Survey - Health, Cycle 6 (1991)
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/3894.htm

| Value of ALCADTYP | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | ALCA_2 >1 and < NA | Regular drinker |
| 2 | ALCA_2 $=1$ | Occasional drinker |
| 3 | ALCA_5B=1 | Former drinker |
| 4 | ALCA_5B=2 | Never drank |
| NS | (ALCA_2 $=$ DK, R or NS) or <br> (ALCA_5B $=$ DK, R or NS) | Respondent didn't answer question <br> (don't know, refusal, not stated) |

## 2) Weekly consumption

## Variable name: ALCADWKY

Based on: ALCA_1, ALCA_5A1, ALCA_5A2, ALCA_5A3, ALCA_5A4, ALCA_5A5, ALCA_5A6, ALCA_5A7
Description: The following variable represents the sum of numbers of drinks consumed on all days, in the week prior to the interview. This derived variable is calculated only for those respondents who had at least one drink in the last 12 months.
Source: General Social Survey - Health, Cycle 6 (1991)
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/3894.htm

| Value of ALCADWKY | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \text { (ALCA_5A1 + ALCA_5A2 + } \\ \text { ALCA_5A3 + ALCA_5A4 + } \\ \text { ALCA_5A5 + ALCA_5A6 + } \\ \text { ALCA_5A7) } \\ \min : 0, \mathrm{max}: 693 \end{gathered}$ | (ALCA_5A1 > = 0 and $<100$ ) and (ALCA_5A2 > = 0 and $<100$ ) and (ALCA_5A3 > = 0 and $<100$ ) and (ALCA_5A4 > = 0 and $<100$ ) and (ALCA_5A5 > = 0 and $<100$ ) and (ALCA_5A6 >= 0 and $<100$ ) and (ALCA_5A7 >=0 and < 100) | Alcohol consumed last week |
| 0 | ALCA_5A1 = NA | Respondent hasn't had a drink in last week |
| NS | (ALCA_5A1 = DK, R or NS) or (ALCA_5A2 = DK, R or NS) or (ALCA_5A3 = DK, R or NS ) or (ALCA_5A4 = DK, R or NS) or (ALCA_5A5 = DK, R or NS ) or (ALCA_5A6 = DK, R or NS ) or (ALCA $5 \mathrm{~A} 7=\mathrm{DK}, \mathrm{R}$ or NS ) | Respondent didn't answer question (don't know, refusal, not stated) |
| NA | ALCA_1 $=2$ | Respondent hasn't had a drink in the past year |

## 3) Average daily alcohol consumption

Variable name: ALCADDLY
Based on: ALCADWKY
Description: The following variable represents the average number of drinks the respondent consumed per day, and is calculated by taking the weekly total alcohol consumption and dividing it by 7 . This derived variable is calculated only for those respondents who had at least one drink in the last 12 months.
Source: General Social Survey - Health, Cycle 6 (1991)
Statistics Canada's Web Site: http://www.statcan.ca/english/sdds/3894.htm

| Value of ALCADDLY | Condition(s) | Explanation |
| :---: | :--- | :--- |
| ALCADWKY $/ 7$ <br> (Round to integer) <br> Min: $0 ;$ max: 99 | ALCADWKY < 694 | Average daily alcohol consumption |
| NS | ALCADWKY = NS | Respondent didn't answer question |
| NA | ALCADWKY = NA | Not applicable |

## Alcohol Dependence/Abuse (2 DVs)

The CCHS uses the questions developed by Kessler and Mroczek to derive the measure of alcohol dependence. In the CCHS, respondents who had 5 drinks or more at least once a month during the last 12 months answered the Alcohol Dependence questions.

## Temporary Reformats

| Reformat | Explanation |
| :--- | :--- |
| IF ALDA_1 $=1$ or 2 THEN ALDA_1 $=(2-$ ALDA_1) | Rescale and invert the answers for questions ALDA_1 |
| IF ALDA_3 $=1$ or 2 THEN ALDA_3 $=(2-$ ALDA_3) | to ALDA_9 (except ALDA_2 and ALDA_8) from 1 and 2 |
| IF ALDA_4 $=1$ or 2 THEN ALDA_-4 $=(2-$ ALDA_4) | to 1 and 0 respectively for all questions with valid |
| IF ALDA_5 $=1$ or 2 THEN ALDA_5 $=(2-$ ALDA_5) | response categories (i.e. old code 2 'No' becomes 0 |
| IF ALDA_6 $=1$ or 2 THEN ALDA_6 $=(2-$ ALDA_6) | 'No', and 1 'Yes' remains the same). |
| IF ALDA_7 $=1$ or 2 THEN ALDA_7 $=(2-$ ALDA_7) |  |
| IF ALDA_9 $=1$ or 2 THEN ALDA_9 $=(2-$ ALDA_8) |  |

## 1) Alcohol dependence scale (short form score)

Variable name: ALDADSF
Based on: ALDA_1, ALDA_3, ALDA_4, ALDA_5, ALDA_6, ALDA_7, ALDA_9
Description: The following variable was collected to measure the alcohol dependence of the respondent. The items used to measure alcohol dependence were based on the work of Kessler and Mroczek (from the University of Michigan). The index is based on a subset of items from the Composite International Diagnostic Interview (CIDI). The CIDI is a structure diagnostic instrument that was designed to produce diagnosis according to the definitions and criteria of both Criterion A and Criterion B of the DSM-III-R diagnosis for psychoactive substance use disorder.
Source: Kessler R.C., G. Andrews and D. Mroczek et al. «The World Health Organisation Composite Diagnostic Interview Short-Form», Psychological Medicine
Internet Site: Institute for Social Research / Survey Research Center, University of Michigan: www.isr.umich.edu/src/
Composite International Diagnostic Interview (CIDI): www.who.int/msa/cidi/index.htm

| Value of ALDADSF | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \hline \text { ALDA_1 + ALDA_3 + ALDA_4 + } \\ \text { ALDA_5 + ALDA_6 + ALDA_7 + } \\ \text { ALDA_9 } \end{gathered}$ <br> Min: 0; max: 7 | (ALDA_1 = 0 or 1 ) and (ALDA_3 = 0 or 1 ) and (ALDA_4 $=0$ or 1 ) and (ALDA_5 = 0 or 1 ) and (ALDA_6 $=0$ or 1 ) and (ALDA_7 = 0 or 1 ) and (ALDA_9 = 0 or 1 ) | Respondent answered yes or no to all questions required for calculation |
| 0 | ALDA_1 = NA | Respondent didn't have 5 or more drinks. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy. |
| NS | (ALDA_1 = DK, R or NS) or (ALDA_3 = DK, R or NS) or (ALDA_4 = DK, R or NS) or (ALDA_5 = DK, R or NS) or (ALDA_6 = DK, R or NS) or (ALDA_7 = DK, R or NS) or (ALDA_9 = DK, R or NS) | Respondent did not answer (don't know, refusal, not specified) at least one question required for calculation |

## 2) Predicted probability for respondents (alcohol dependence)

## Variable name: ALDADPP

Based on: ALDADDSF
Description: The predicted probability for respondents was assigned based on their short-form scores. The short-form measure of Alcohol Dependence was developed to reproduce a measure that operationalized both Criterion A and Criterion B of the DSM-III-R diagnosis for psychoactive substance use disorder. A probability of caseness of 0 was assigned to respondents who denied the stem questions. The optimal dichotomous classification rule is to define all respondents with a short-form score of 3 or more as probable cases and all those with scores of 0 through 2 as probable non-cases.

Based on the information obtained from the national Comorbidity Survey (in the U.S.), the score on the screening scale was cross-classified against Alcohol Dependence caseness designations based on the CIDI diagnostic computer program.
Internet Site: National Comorbidity Survey: www.hcp.med.harvard.edu/ncs/
Composite International Diagnostic Interview (CIDI): www.who.int/msa/cidi/index.htm

| Value of ALDADPP | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0.00 | ALDADSF $=0$ |  |
| ALDADSF |  |  |
| 0.05 | ALDADSF $=1$ |  |
| 0.40 | ALDADSF $=2$ |  |
| 0.85 | ALDADSF $=3$ |  |
| 1.00 | ALDADSF $>3$ and $<$ NA |  |
| NS | ALDADSF $=$ NS |  |
| NA | ALDADSF $=$ NA |  |

## Social Support (4 DVs)

The Medical Outcomes Study Social Support Survey (the MOS scale) provides indicators of four categories of Social Support. An initial pool of 50 items was reduced to 19 functional support items, covering five dimensions:

- Emotional support -the expression of positive affect, empathetic understanding, and the encouragement of expressions of feelings.
- Informational support -the offering of advice, information, guidance or feedback
- Tangible support -the provision of material aid or behavioural assistance
- Positive social interaction -the availability of other persons to do fun things with you
- Affection-involving expressions of love and affection

Empirical analyses indicated that emotional and informational support items should be scored together, so 4 subscales are derived:

- Tangible support (items 2,5,12,15)
- Affection (items 6, 10, 20)
- Positive social interaction (items 7, 11, 14, 18)
- Emotional or informational support (items 3, 4, 8, 9, 13, 16, 17, 19)


## Temporary Reformats

| Reformat | Explanation |
| :---: | :---: |
|  | Rescale the answers from 1 to 5 to 0 to 4 for all questions with response categories <br> Where 0 refers to "none of the time" and a 4 refers to "all of the time". |

## 1) Tangible social support - MOS subscale

Variable name: SSMADTNG
Based on: SSMA_02, SSMA_05, SSMA_12, SSMA_15
Description: The following variable determines the amount of tangible support that is available to the respondent. Questions about whether or not the respondent had someone to help them if they were confined to bed, take them to the doctor, prepare their meals or do their daily chores were asked.
Source: Sherbourne, C.D. and A.L. Stewart, "The MOS Support Survey" (Medical Outcomes Study Social Support Survey), Social Sciences \& Medicine; 32: 705-714

| Value of SSMADTNG | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \text { SSMA_02 }+ \text { SSMA_05 + SSMA_12 } \\ \text { + SSMA__15 } \\ \text { Min : 0; max : } 16 \\ \hline \end{gathered}$ | (SSMA_02 >= 0 and $<=4$ ) and (SSMA_05 >= 0 and $<=4$ ) and (SSMA_12 $>=0$ and $<=4$ ) and (SSMA_15 >=0 and $<=4$ ) | Valid response codes for all required questions |
| NS | ADMA_PRX $=1$ | Section not asked by proxy. |
| NS | $\begin{aligned} & \text { (SSMA_02 }=\text { DK, } \mathrm{R} \text { or NS) or } \\ & \text { (SSMA_05 }=\text { DK, } \mathrm{R} \text { or NS) or } \\ & \text { (SSMA_12 }=\text { DK, } \text { or NS) or } \\ & \text { (SSMA_15 }=\text { DK, R or NS) } \end{aligned}$ | Respondent did not answer (don't know, refusal, not stated) at least one question required for calculation. |
| NA | SSMA_01 = NA | Population exclusions - optional content not selected. |

## 2) Affection - MOS subscale

Variable name: SSMADAFF
Based on: SSMA_06, SSMA_10, SSMA_20
Description: The following variable determines the amount of affection the respondent receives. Questions about whether or not the respondent has someone that shows them love, hugs them or to love them and make them feel wanted were asked.
Source: Sherbourne, C.D. and A.L. Stewart, "The MOS Support Survey" (Medical Outcomes Study Social Support Survey), Social Sciences \& Medicine; 32: 705-714

| Value of SSMADAFF | Condition(s) | Explanation |
| :---: | :--- | :--- |
| SSMA_06 + SSMA_10 + SSMA_20 | (SSMA_06 $>=0$ and $<=4)$ and <br> (SSMA_10 $>=0$ and \ll 4) and | Valid response codes for all <br> required questions |
| Min : 0; max : 12 | (SSMA_20 >=0 and <= 4) |  |

## 3) Positive social interaction - MOS subscale

Variable name: SSMADSOC
Based on: SSMA_07, SSMA_11, SSMA_14, SSMA_18
Description: The following variable determines how much the respondent is involved in positive social interactions. Questions about whether the respondent has someone to have a good time with, get together with for relaxation, do things with to get their mind off things, or do something enjoyable with were asked.
Source: Sherbourne, C.D. and A.L. Stewart, "The MOS Support survey" (Medical Outcomes Study Social Support Survey), Social Sciences \& Medicine; 32: 705-714

| Value of SSMADSOC | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \hline \text { SSMA_07 }+ \text { SSMA_11+ SSMA_14 } \\ \text { + SSMA_18 } \\ \text { Min : } 0 ; \text { max : } 16 \\ \hline \end{gathered}$ | (SSMA_07 >= 0 and $<=4$ ) and (SSMA_11>=0 and $<=4$ ) and (SSMA_14>=0 and $<=4$ ) and (SSMA_18>=0 and $<=4$ ) | Valid response codes for all required questions |
| NS | ADMA_PRX $=1$ | Section not asked by proxy. |
| NS | $\begin{aligned} & \text { (SSMA_07 }=\text { DK, } \mathrm{R} \text { or NS) or } \\ & \text { (SSMA_11 }=\text { DK, } \mathrm{R} \text { or NS) or } \\ & \text { (SSMA_14 }=\text { DK, } \mathrm{R} \text { or NS) or } \\ & \text { (SSMA_18 }=\text { DK, R or } \mathrm{NS} \text { ) } \end{aligned}$ | Respondent did not answer (don't know, refusal, not stated) at least one question required for calculation. |
| NA | SSMA_01 = NA | Population exclusions - optional content not selected. |

## 4) Emotional or informational support - MOS subscale

Variable name: SSMADEMO
Based on: SSMA_03, SSMA_04, SSMA_08, SSMA_09, SSMA_13, SSMA_16, SSMA_17, SSMA_19
Description: The following variable determines the amount of emotional or informational support the respondent receives. Questions about whether the respondent has someone to listen and advise them in a crisis, give them information and confide in and talk to, or understand their problems were asked.
Source: Sherbourne, C.D. and A.L. Stewart, "The MOS Support survey" (Medical Outcomes Study Social Support Survey), Social Sciences \& Medicine; 32: 705-714

| Value of SSMADEMO | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \text { SSMA_03 + SSMA_04 + SSMA_08 } \\ \text { +SSMA_09 + SSMA_13 + } \\ \text { SSMA_16 + SSMA_17 + SSMA_19 } \\ \text { Min : 0; max : } 32 \end{gathered}$ | (SSMA_03 >= 0 and $<=4$ ) and (SSMA_04 >= 0 and $<=4$ ) and (SSMA_08 >= 0 and $<=4$ ) and (SSMA_09 >= 0 and $<=4$ ) and (SSMA_13>=0 and <=4) and (SSMA_16 >=0 and $<=4$ ) and (SSMA_17>=0 and <=4) and (SSMA_19 >=0 and $<=4$ ) | Valid response codes for all required questions |
| NS | ADMA_PRX $=1$ | Section not completed by proxy. |
| NS | (SSMA_03 = DK, R or NS) or (SSMA_04 = DK, R or NS) or (SSMA_08 = DK, R or NS) or (SSMA_09 = DK, R or NS) or (SSMA_13 = DK, R or NS) or (SSMA_16 = DK, R or NS) or (SSMA_17 = DK, R or NS) or (SSMA_19 = DK, R or NS) | Respondent did not answer (don't know, refusal, not stated) at least one question required for calculation. |
| NA | SSMA_01 = NA | Population exclusions - optional content not selected. |

## Mood (Bradburn Affect Balance Scale) (3 DVs)

The questions developed by Norman Bradburn were designed to indicate the psychological reactions (positive and negative) of people in the general population to events in their daily lives. An indicator of happiness or of general psychological well-being, these terms denote an individual's ability to cope with the stresses of everyday living.
The scale is not concerned with detecting psychiatric or psychological disorders. An additional question is asked: Taking things all together, how would you say things are these days? Would you say you are: ...very happy ...pretty happy ...not too happy?

## Temporary Reformats

| Reformat | Explanation |
| :--- | :--- |
| if MDBA_01 < 4 then MDBA_01 $=(4-$ MDBA_01 $)$ | Invert the answers for all questions with response |
| if MDBA_02 $<4$ then MDBA_02 $=(4-$ MDBA_02 $)$ | categories used in the variable. |
| if MDBA_03 < 4 then MDBA_03 $=(4-$ MDBA_03 $)$ |  |
| if MDBA_04 < 4 then MDBA_04 $=(4-$ MDBA_04 $)$ | Where 0 refers to "none of the time" and a 4 refers to |
| if MDBA_05 $<4$ then MDBA_05 $=(4-$ MDBA_05 $)$ | "all of the time". |
| if MDBA_06 $<4$ then MDBA_06 $=(4-$ MDBA_06 $)$ |  |
| if MDBA_07 $<4$ then MDBA_07 $=(4-$ MDBA_07 $)$ |  |
| if MDBA_08 $<4$ then MDBA_08 $=(4-$ MDBA_08 $)$ |  |
| if MDBA_09 $<4$ then MDBA_09 $=(4-$ MDBA_09 $)$ |  |
| if MDBA_10 $<4$ then MDBA_10 $=(4-$ MDBA_10 $)$ |  |

## 1) Positive affect

Variable name: MDBADPOS
Based on: MDBA_01, MDBA_03, MDBA_05, MDBA_07, MDBA_09
Description: The following variable indicates the psychological reactions (positive) of people in the general population to events in their daily lives. The scale is an indicator of happiness or of general psychological wellbeing, these terms denote an individual's ability to cope with the stresses of everyday living. The positive affect subscale may be used as a measure of well-being.

| Value of MDBADPOS | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \hline \text { MDBA_01 + MDBA_03 + MDBA_05 } \\ \text { + MDBA_07 + MDBA_09 } \end{gathered}$ <br> Min: 5; max: 15 | (MDBA_01 > 0 and $<4$ ) and (MDBA_03 > 0 and $<4$ ) and (MDBA_05 > 0 and $<4$ ) and (MDBA_07>0 and <4) and (MDBA_09 > 0 and $<4$ ) and | Respondent answered all required questions. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | (MDBA_01 = DK, R, or NS) or (MDBA_03 = DK, R, or NS) or (MDBA_05 = DK, R, or NS) or (MDBA_07 = DK, R, or NS) or (MDBA_09 = DK, R, or NS) or | Respondent didn't answer (don't know, refusal, not stated) at least one of the questions required. |
| NA | MDBA_01 = NA | Population exclusion - Optional content not selected |

## 2) Negative affect

Variable name: MDBADNEG
Based on: MDBA_02, MDBA_04, MDBA_06, MDBA_08, MDBA_10
Description: The negative affect scale can be used as an indicator of psychological distress. Bradburn Affect Balance Scale is not concerned with detecting psychiatric or psychological disorders.

| Value of MDBADNEG | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{aligned} & \text { MDBA_02 + MDBA_04 + MDBA_06 } \\ & \text { + MDBA_08 + MDBA_10 } \end{aligned}$ <br> Min: 5; max: 15 | (MDBA_02 > 0 and $<4$ ) and (MDBA_04>0 and <4) and (MDBA_06 > 0 and $<4$ ) and (MDBA_08 > 0 and $<4$ ) and (MDBA_10>0 and < 4) | Respondent answered all required questions. |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | (MDBA_02 = DK, R, or NS) or (MDBA_04 = DK, R, or NS) or (MDBA_06 = DK, R, or NS) or (MDBA_08 = DK, R, or NS) or (MDBA_10 = DK, R, or NS) | Respondent didn't answer (don't know, refusal, not stated) at least one question required for calculation |
| NA | MDBA_01 = NA | Population exclusion - Optional content not selected |

## 3) Balance affect - method A

Variable name: MDBADBA1
Based on: MDBADPOS, MDBADNEG
Description: The following variable is a good indicator of an individual's current level of psychological well-being.
Technical Specs: The variable was calculated by taking the difference between the scores on the positive and negative affect indices.

| Value of MDBADBA1 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| MDBADPOS - MDBADNEG Min: -10; max: 10 | (MDBADPOS >= 5 and $<=15$ ) and <br> (MDBADNEG >= 5 and $<=15$ ) | Valid response codes for both variables |
| NS | $\begin{aligned} & \text { (MDBADPOS }=\text { NS) or } \\ & (\text { MDBADNEG }=\text { NS }) \end{aligned}$ | Not stated |
| NA | $\begin{aligned} & \text { (MDBADPOS }=\mathrm{NA}) \text { or } \\ & (\text { MDBADNEG }=\mathrm{NA}) \\ & \hline \end{aligned}$ | Population exclusion- Optional content not selected |

## 4) Balance affect - method B

Variable name: MDBADBA2
Based on: MDBADPOS, MDBADNEG
Description: The following variable determines whether the respondent has a negative, even or positive balance.

| Value of MDBADBA2 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (MDBADPOS >=5 and <8) and (MDBADNEG >= 8 and $<=15$ ) or <br> (MDBADPOS $>=8$ and <= 12) and (MDBADNEG $>12$ and $<=15$ ) | Negative balance |
| 2 | (MDBADPOS $>=5$ and $<8$ ) and (MDBADNEG > = 5 and < 8) <br> or <br> (MDBADPOS $>=8$ and $<=12$ ) and (MDBADNEG >= 8 and $<=12$ ) <br> or <br> (MDBADPOS $>12$ and $<=15$ ) and <br> (MDBADNEG > 12 and $<=15$ ) | Even |
| 3 | (MDBADPOS $>=8$ and $<=15$ ) and (MDBADNEG >= 5 and $<8$ ) <br> or <br> (MDBADPOS $>12$ and $<=15$ ) and <br> (MDBADNEG >= 8 and $<=12$ ) | Positive balance |
| NS | $\begin{aligned} & \text { (MDBADPOS }=\text { NS) or } \\ & (\text { MDBADNEG }=\text { NS }) \end{aligned}$ | Not stated |
| NA | $\begin{aligned} & (\text { MDBADPOS }=\text { NA }) \text { or } \\ & (\text { MDBADNEG }=N A) \end{aligned}$ | Population exclusion- Optional content not selected |

## Distress (2 DVs)

The items and scoring used to derive the distress score are based on the work of Kessler and Mroczek (from Michigan University). The index is based on a subset of items from the Composite International Diagnostic Interview (CIDI). The CIDI is a structure diagnostic instrument that was designed to produce diagnoses according to the definitions and criteria of both DSM-III-R and the Diagnostic Criteria for Research of the ICD-10. Higher scores indicate more distress.

## Temporary Reformats

| Reformat | Explanation |
| :--- | :--- |
| if DISA_01A $<=5$ then DISA_01A $=5$ - DISA_01A | Rescale and invert the answers for questions |
| if DISA_01B $<=5$ then DISA_01B $=5$ - DISA_01B | DISA_01A to DISA_01F from 1 to 5 to 4 to 0 So that 0 |
| if DISA_01C $<=5$ then DISA_01C $=5$ - DISA_01C | = None of the time and $4=$ all of the time |
| if DISA_01D $<=5$ then DISA_01D $=5$ - DISA_01D |  |
| if DISA_01E $<=5$ then DISA_01E $=5$ - DISA_01E |  |
| if DISA_01F $<=5$ then DISA_01F $=5$ - DISA_01F |  |

## 1) Distress scale

Variable name: DISADDS
Based on: DISA_01A, DISA_01B, DISA_01C, DISA_01D, DISA_01E, DISA_01F
Description: The following variable determines the respondent's distress scale.
Internet Site: National Comorbidity Survey: www.hcp.med.harvard.edu/ncs/
Composite International Diagnostic Interview (CIDI): www.who.int/msa/cidi/index.htm

| Value of DISADDS | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \text { DISA_01A + DISA_01B + } \\ \text { DISA_01C + DISA_01D + } \\ \text { DISA_01E + DISA_01F } \\ \text { Min: 0; Max: } 24 \end{gathered}$ | (DISA_01A <= 4) and (DISA_01B<=4) and (DISA_01C<=4) and (DISA_01D<=4) and (DISA_01E<= 4) and (DISA_01F $<=4$ ) | Valid response codes for all questions. |
| NS | ADMA_PRX $=1$ | Section not answered by proxy |
| NS | (DISA_01A = DK, R or NS) or (DISA_01B = DK, R or NS) or (DISA_01C $=$ DK, R or NS) or (DISA_01D = DK, R or NS) or (DISA_01E = DK, R or NS) or (DISA_01F = DK, R or NS) | Respondent did not answer (don't know, refusal, not stated) at least one question required for calculation |
| NA | DISA_01A = NA | Population exclusion - Optional content not selected |

## 2) Chronicity of distress and impairment scale

Variable name: DISADCH
Based on: DISA_01G, DISA_01H, DISA_01I
Description: Paired with the distress scale are the variables DISA_01G, DISA_01H, and DISA_01I that assess chronicity of distress and the impairment associated with distress.
Internet Site: National Comorbidity Survey: www.hcp.med.harvard.edu/ncs/
Composite International Diagnostic Interview (CIDI): www.who.int/msa/cidi/index.htm

| Value of DISADCH | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | DISA_01H=1 | A lot more than usual |
| 2 | DISA 01H=2 | Somewhat more than usual |
| 3 | DISA_01H=3 | A little more than usual |
| 4 | DISA_01G=3 | About the same as usual |
| 5 | DISA_01I=3 | A little less than usual |
| 6 | DISA_01I=2 | Somewhat less than usual |
| 7 | DISA_01I=1 | A lot less than usual |
| 8 | DISA_01G=4 | Never had any |
| NS | ADMA_PRX $=1$ | Section not asked by proxy. |
| NS | (DISA_01G = DK, R or NS) or (DISA_01H = DK, R or NS) or (DISA_01I = DK, R or NS) | Respondent did not answer (don't know, refusal, not specified) at least one question required for calculation |
| NA | DISA_01A = NA | Population exclusion - Optional content not selected. |
| NA | DISA_01G = NA | Respondent felt no distress (DISA_01A - DISA_01F all "None of the Above") in the past month and was not asked questions required for calculation. |

Depression (4 DVs)

## Temporary Reformats

| Reformat | Explanation |
| :---: | :---: |
|  | Rescale answers needed for calculation so that answers are all 1 for yes and 0 for no. <br> - for Q08 and Q21 answers are rescaled so = 1 if respondent gained or lost more than 9 lbs . ( 4 kg ) and 0 if less or didn't lose/gain weight <br> - for Q10 and Q23 answers are rescaled so $=1$ if respondent had trouble falling asleep every night or almost every night and 0 if less often or not at all |

## 1) Depression scale - short form score

Variable name: DPSADSF
Based on: DPSA_02, DPSA_03, DPSA_04, DPSA_05, DPSA_06, DPSA_08A, DPSA_08B, DPSA_10, DPSA_11, DPSA_12, DPSA_13, DPSA_16, DPSA_17, DPSA_18, DPSA_19, DPSA_21A, DPSA_21B, DPSA_23, DPSA_24, DPSA_25, DPSA_26
Description: The following variable assesses the respondent's depression state. The items used to measure depression are based on the work of Kessler and Mroczek. They selected a subset of items from the Composite International Diagnostic Interview (CIDI) that measure major depressive episode (MDE). The CIDI is a structure diagnostic instrument that was designed to produce diagnoses according to the definitions and the criteria of both DSM-III-R and the Diagnostic Criteria for the Research of the ICD-10. The short-form of MDE used in the CCHS was developed to operationalize Criteria A through C of the DSM-III-R diagnosis of MDE. The diagnostic hierarchy rules defined in the Criterion D ("not superimposed on schizophrenia, schizophrenia form disorder, delusional disorders, or psychotic disorders NOS") were ignored.
Internet Site: National Comorbidity Survey: www.hcp.med.harvard.edu/ncs/
Composite International Diagnostic Interview (CIDI): www.who.int/msa/cidi/index.htm

| Value of DPSADSF | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \hline \text { DPSA_02 + DPSA_05 + DPSA_06 + } \\ \text { DPSA_08A + DPSA_10 + DPSA_11 } \\ \text { + DPSA_12 + DPSA_13 } \\ \text { min: } 1 ; \text { Max: } 8 \end{gathered}$ | (DPSA_02 = 1) and (DPSA_05 = 1 or 0 ) and (DPSA_06 = 1 or 0 ) and (DPSA_08A = 1 or 0 ) and (DPSA_10 = 1 or 0 ) and (DPSA_11 = 1 or 0 ) and (DPSA_12 = 1 or 0 ) and (DPSA_13 = 1 or 0) | Valid response codes for all questions required for calculation. Respondent felt depressed for 2 weeks or more last year. |
| $\begin{aligned} & \hline \text { DPSA_16 + DPSA_19 + DPSA_21A } \\ & \text { + DPSA_23 } \text { + DPSA_24 + DPSA_25 } \\ & \text { + DPSA_26 } \\ & \text { min: } 1 ; \text { Max: } 7 \end{aligned}$ | (DPSA_16 = 1) and <br> (DPSA_19 = 1 or 0 ) and <br> (DPSA_21A = 1 or 0 ) and <br> (DPSA_23 = 1 or 0 ) and <br> (DPSA_24 = 1 or 0 ) and <br> (DPSA_25 = 1 or 0 ) and <br> (DPSA_26 = 1 or 0) | Valid response codes for all questions required for calculation. Respondent lost interest in things for 2 weeks or more last year. |
| 0 | $\begin{aligned} & \text { DPSA_02 < NA and } \\ & \text { DPSA_05 = NA and } \\ & \text { DPSA_19 = NA } \end{aligned}$ | Respondent did not feel depressed or lose interest in things for two weeks last year, or did so only mildly (less than most of day and at least almost everyday for at least two weeks) |
| NS | ADMA_PRX $=1$ | Section not asked by proxy |
| NS | $\begin{aligned} & \text { (DPSA_02 = DK, R or NS) or } \\ & \text { (DPSA_05 }=\text { DK, R or NS) or } \\ & \text { (DPSA_06 }=\text { DK, R or NS) or } \\ & \text { (DPSA_08A }=\text { DK, R or NS) or } \\ & \text { (DPSA_10 }=\text { DK, R or NS) or } \\ & \text { (DPSA_11 }=\text { DK, R or NS) or } \\ & \text { (DPSA_12 }=\text { DK, R or NS) or } \\ & \text { (DPSA_13 }=\text { DK, R or NS) or } \\ & \text { (DPSA_16 = DK, R or NS) or } \\ & \text { (DPSA_19 = DK, R or NS) or } \\ & \text { (DPSA_21A = DK, R or NS) or } \\ & \text { (DPSA_23 }=\text { DK, R or NS) or } \\ & \text { (DPSA_24 = DK, R or NS) or } \\ & \text { (DPSA_25 = DK, R or NS) or } \\ & \text { (DPSA_26 = DK, R or NS) } \end{aligned}$ | Respondent did not answer (don't know, refusal, not specified) at least one question required for calculation |
| NA | DPSA_02 = NA | Population exclusion - Optional content not selected |

Note: The Major Depressive Episode questions ask about periods during which the respondent felt sad or depressed or lost interest in everyday things within the past 12 months. These include normal periods of sadness (for example, after the death of a loved one), as well as serious depression. Initially, respondents are asked if they experienced a time when they felt sad, blue, or depressed for 2 weeks or more in a row. If they respond NO then question DPSA_16 asks if they had a two-week period of losing interest in most things, which also assesses the respondent's depressive symptoms.

## 2) Depression scale - predicted probability

Variable name: DPSADPP
Based on: DPSADSF
Description: The predicted probability for respondents was assigned based on their short-form scores. A predicted probability of 0 was assigned to respondents who denied the stem questions.

| Value of DPSADPP | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 0 | DPSADSF = 0 | The probability of caseness to <br> respondents. |
| 0.05 | DPSADSF = 1 | The probability of caseness to <br> respondents. |
| 0.25 | DPSADSF = 2 | The probability of caseness to <br> respondents. |
| 0.50 | The probability of caseness to <br> respondents. |  |
| 0.80 | The probability of caseness to <br> respondents. |  |
| 0.90 | The probability of caseness to <br> respondents. |  |
| NS | DPSSADSF $=4$ | Respondent did not answer (don't <br> know, refusal, not specified) at <br> least one question required for <br> calculation, or interview done by <br> proxy |
| NA 4 | Population exclusion - optional <br> content not selected; age < 12 |  |

## 3) Number of weeks feeling depressed

Variable name: DPSADWK
Based on: DPSA_14, DPSA_27
Description: The following variable indicates the number of weeks the respondent felt depressed.

| Value of DPSADWK | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \hline \text { DPSA_14 } \\ \text { Min : 2; max: } 52 \end{gathered}$ | (DPSA_14 < NA) | \# of weeks respondent was depressed in the last year |
| $\begin{gathered} \text { DPSA_27 } \\ \text { Min : 2; max:52 } \end{gathered}$ | (DPSA_14 >= NA) and (DPSA_27 < NA) | \# of weeks respondent lost interest in things in the last year |
| NS | (DPSA_14 = DK, R or NS) or (DPSA_27 = DK, R or NS) or (DPSA_08A = DK, R or NS) or (DPSA_21A = DK, R or NS) | Respondent didn't answer the required question. |
| NA | $\begin{aligned} & \text { DPSA_14 = NA and } \\ & \text { DPSA_27 = NA } \end{aligned}$ | Respondent is not depressed or is not applicable (population exclusion etc.) |

## 4) Specific month last felt depressed

Variable name: DPSADMT
Based on: DPSA_14, DPSA_15, DPSA_27, DPSA_28
Description: The following variable determines the specific month when the respondent last felt depressed.

| Value of DPSADMT | Condition(s) | Explanation |
| :---: | :---: | :---: |
| $\begin{gathered} \text { DPSA_15 } \\ \text { Min : } 1 ; \text { max:12 } \end{gathered}$ | $\begin{aligned} & \text { DPSA_14 < } 52 \text { and } \\ & \text { DPSA_15 < NA } \end{aligned}$ | Specific month respondent felt depressed for at least 2 weeks in a row |
| $\begin{gathered} \text { DPSA_28 } \\ \text { Min : } 1 ; \max : 12 \\ \hline \end{gathered}$ | DPSA_14 >= NA and <br> DPSA_27 < 52 and <br> DPSA_28<NA | Specific month respondent last lost interest in things for at least 2 weeks in a row |
| NS | (DPSA_14 = 52, DK, R, or NS) or (DPSA_15 = DK, R, or NS) or (DPSA_27 = 52, DK, R, or NS) or (DPSA_28 = DK, R, or NS) or (DPSA_08A = DK, R or NS) or (DPSA_21A = DK, R or NS) | Respondent didn't answer the required questions, or was depressed for $>51$ weeks in the last year |
| NA | $\begin{aligned} & \text { DPSA_15 = NA and } \\ & \text { DPSA_28 = NA } \end{aligned}$ | Respondent is not depressed or variable is not applicable (population exclusion etc.) |

## Socio-Demographic Characteristics (5 DVs)

## 1) Country of birth - grouped

Variable name: SDCAGCBG
Based on: SDCACCB
Description: The following variable classifies the respondent in specific groups based on his/her country of birth.

| Value of SDCAGCBG | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | SDCACCB $>0$ and $<14$ | Canada |
| 2 | (SDCACCB $>=100$ and $<900$ ) | Other |
| NS | SDCACCB $=000$, DK, R or NS | Respondent didn't answer question <br> (don't know, refusal, not stated) |

## 2) Immigration flag

Variable name: SDCAFIMM
Based on: SDCA_3
Description: The following variable indicates if the respondent is an immigrant.

| Value of SDCAFIMM | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | SDCA_3 < NA | Valid response code; Respondent is <br> an immigrant. |
| 2 | SDCA_3 = NA | Respondent is not an immigrant <br> Respondent didn't answer question <br> (don't know, refusal, not stated). |

## 3) Length of time in Canada since immigration

Variable name: SDCAGRES
Based on: SDCA_3
Description: The following variable gives the length of time the respondent has been in Canada since his/her immigration.

| Value of SDCAGRES | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | C_YEAR (Current Year) - SDCA_3 <br> $=>0$ <br> and $<10$ | Valid response code. |
| 2 | C_YEAR (Current Year) - SDCA_3 <br> $=>10$ or more | Valid response code. |
| NS | SDCA_3 = DK, R or NS | Respondent didn't answer question <br> (don't know, refusal, not stated). |
| NA | SDCA_3 = NA | Respondent is not an immigrant |

## 4) Language(s) in which respondent can converse

Variable name: SDCAGLNG
Based on: SDCA_5A, SDCA_5B, SDCA_5C, SDCA_5D, SDCA_5E, SDCA_5F, SDCA_5G, SDCA_5H, SDCA_5I, SDCA_5J, SDCA_5K, SDCA_5L, SDCA_5M, SDCA_5N, SDCA_50, SDCA_5P, SDCA_5Q, SDCA_5R, SDCA_5S Description: The following variable represents the language(s) in which the respondent can converse.

| Value of SDCAGLNG | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | ```(SDCA_5A = 1 and SDCA_5B > 1) and (SDCA_5C = 1 or SDCA_5D = 1 or SDCA_5E = 1 or SDCA_5F = 1 or SDCA_5G = 1 or SDCA_5H = 1 or SDCA_5I = 1 or SDCA_5J = 1 or SDCA_5K = 1 or SDCA_5L = 1 or SDCA_5M = 1 or SDCA_5N = 1 or SDCA_5O = 1 or SDCA_5P = 1 or SDCA_5Q = 1 or SDCA_5R = 1 or SDCA_5S = 1)``` | English (with or without language other than French) |
| 2 | ```(SDCA_5A > 1 and SDCA_5B = 1) and (SDCA_5C = 1 or SDCA_5D = 1 or SDCA_5E = 1 or SDCA_5F = 1 or SDCA_5G = 1 or SDCA_5H = 1 or SDCA_5I = 1 or SDCA_5J = 1 or SDCA_5K = 1 or SDCA_5L = 1 or SDCA_5M = 1 or SDCA_5N = 1 or SDCA_5O = 1 or SDCA_5P = 1 or SDCA_5Q = 1 or SDCA_5R = 1 or SDCA_5S = 1)``` | French (with or without language other than English) |
| 3 | ```(SDCA_5A = 1 and SDCA_5B = 1) and (SDCA_5C = 1 or SDCA_5D = 1 or SDCA_5E = 1 or SDCA_5F = 1 or SDCA_5G = 1 or SDCA_5H = 1 or SDCA_5I = 1 or SDCA_5J = 1 or SDCA_5K = 1 or SDCA_5L = 1 or SDCA_5M = 1 or SDCA_5N = 1 or SDCA_5O = 1 or SDCA_5P = 1 or SDCA_5Q = 1 or SDCA_5R = 1 or SDCA_5S = 1)``` | English and French (with or without other language) |


| 4 | ```(SDCA_5A > 1 and SDCA_5B > 1) and (SDCA_5C = 1 or SDCA_5D = 1 or SDCA_5E = 1 or SDCA_5F = 1 or SDCA_5G = 1 or SDCA_5H = 1 or SDCA_5I = 1 or SDCA_5J = 1 or SDCA_5K = 1 or SDCA_5L = 1 or SDCA_5M = 1 or SDCA_5N = 1 or SDCA_5O = 1 or SDCA_5P = 1 or SDCA_5Q = 1 or SDCA_5R = 1 or SDCA_5S = 1)``` | Neither English nor French (Other) |
| :---: | :---: | :---: |
| NS | SDCA_5A = DK, R or NS | Respondent didn't answer question (don't know, refusal, not stated). |

## 5) Cultural/Racial Origin

Variable name: SDCAGRAC
Based on: SDCA_7A, SDCA_7B, SDCA_7C, SDCA_7D, SDCA_7E, SDCA_7F, SDCA_7G, SDCA_7H, SDCA_7I, SDCA_7J, SDCA_7K, SDCA_7L, SDCA_7M
Description: The following variable indicates the racial background of the respondent.

| Value of SDCAGRAC | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (SDCA_7A = 1) and (SDCA_7B > 1) and (SDCA_7C > 1) and (SDCA_7D > 1) and (SDCA_7E > 1) and (SDCA_7F > 1) and (SDCA_7G > 1) and (SDCA_7H > 1) and (SDCA_7I > 1) and (SDCA_7J > 1) and (SDCA_7K > 1) and (SDCA_7L > 1) and (SDCA_7M > 1) | White only |
| 2 | (SDCA_7A > 1) and [(SDCA_7B = 1) or (SDCA_7C = 1) or (SDCA_7D = 1) or (SDCA_7E = 1) or (SDCA_7F = 1) or (SDCA_7G = 1) or (SDCA_7H = 1) or (SDCA_7I = 1) or (SDCA_7J = 1) or (SDCA_7K = 1) or (SDCA_7L = 1) or (SDCA_7M = 1)] | Visible Minority |
| NS | SDCA_7A = DK, R or NS | Respondent didn't answer (don't know, refusal, not stated) the question. |

## Labour force (7 DVs)

## 1) Working status last week (short form)

Variable name: LBFADWSS
Based on: LBFA_01, LBFA_02
Description: The following variable determines the respondent's working status in the week prior to the interview.

| Value of LBFADWSS | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | LBFA_01 $=1$ | Respondent worked at a job or <br> business |
| 2 | LBFA_02 $=1$ | Respondent had a job but did not <br> work (absent) |
| 3 | LBFA_02 $=2$ | Respondent did not have a job <br> Respondent permanently unable to <br> work |
| 4 | LBFA_01 $=3$ | Respondent did not answer the <br> questions required for the variable |
| NS | LBFA_02 $=$ DK, R or NS | Population exclusions - <br> age $<15$ and $>75$ |
| NA | LBFA_01 $=$ NA |  |

## 2) Main reason for not working last week

Variable name: LBFAGRNW
Based on: LBFA_01, LBFA_11, LBFA_13, LBFA_41
Description: The following variable indicates the main reason why the respondent did not work in the week prior to the interview.

| Value of LBFAGRNW | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | LBFA_01 = 3 or LBFA_13 = 1 or LBFA_41 $=1$ | Permanently unable to work, own illness or disability |
| 2 | LBFA_13 = 2 or <br> LBFA_41 $=2$ or <br> LBFA_13 = 3 or <br> LBFA_41 $=3$ or <br> LBFA_13 = 4 or <br> LBFA $41=4$ | Family responsibilities |
| 3 | $\begin{aligned} & \hline \text { LBFA_13 }=7 \\ & \text { LBFA_41 }=14 \\ & \hline \end{aligned}$ | School or educational leave |
| 4 | LBFA_41 = 7 or <br> LBFA_41 = 8 or <br> LBFA_41 = 9 or <br> LBFA_41 = 10 or <br> LBFA $41=12$ or <br> LBFA $41=13$ or | Labour dispute/layoff |
| 5 | LBFA_13 = 8 | Retired |
| 6 | LBFA_11 = 1 | Looking for work |
| 7 | LBFA_13 = 5 or <br> LBFA_41 $=5$ or <br> LBFA_13 = 6 or <br> LBFA_41 $=6$ or <br> LBFA_13 = 9 or <br> LBFA_41 = 11 or <br> LBFA_13 = 10 or <br> LBFA $41=15$ | Other reasons |
| NS | (LBFA_11 = DK, R or NS) or (LBFA_13 = DK, R or NS) or (LBFA_41 = DK, R or NS) | Respondent did not answer the questions required for the variable |
| NA | LBFA_01 = NA | Population exclusions age < 15 and $>75$ |
| NA | LBFA_01 = 1 | Respondent was working |

## 3) Multiple job status

Variable name: LBFADMJS
Based on: LBFA_01, LBFA_03, LBFA_21, LBFA_23, LBFA_51
Description: The following variable classifies the respondent based on whether or not they had multiple jobs in the past year and if they still do.

| Value of LBFADMJS | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | LBFA_51 $=52$ | $\begin{array}{l}\text { Currently has multiple jobs - had } \\ \text { them all past year }\end{array}$ |
| 2 | $\begin{array}{l}\text { LBFA_03 }=1 \text { and } \\ \text { LBFA_51 < 52 }\end{array}$ | $\begin{array}{l}\text { Currently has multiple jobs - did } \\ \text { not have them all past year }\end{array}$ |
| 3 | LBFA_03 $=2$ | Currently has only one job |\(\left.\left.| \begin{array}{l}Currently does not have a job - <br>

held multiple jobs over past year\end{array}\right] $$
\begin{array}{l}\text { Currently does not have a job }- \text { did } \\
\text { not hold multiple jobs over the year }\end{array}
$$\right]\)

## 4) Self-employment status - main job or business

Variable name: LBFAG31
Based on: LBFA_01, LBFA_31
Description: The following variable determines the self-employment status of the respondent.

| Value of LBFAG31 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | LBFA_31 =1 | Respondent is an employee |
| 2 | LBFA_31 = 2 | Respondent is self-employed |
| NS | (LBFA_31 $=3$ ) or <br> (LBFA_31 $=$ DK, R or NS) | Not stated or working in a family <br> business without pay |
| NA | LBFA_31 = NA | Not applicable |

## 5) Total usual hours worked per week

Variable name: LBFADHPW
Based on: LBFA_01, LBFA_42, LBFA_53
Description: The following variable returns the total number of hours the respondent worked per week.

| Value of LBFADHPW | Condition(s) | Explanation |
| :---: | :--- | :--- |
| LBFA_42 | LBFA_42 < NA and <br> LBFA_53 = NA | Number of hours usually worked for <br> respondents with one job |
| LBFA_42 + LBFA_53 | LBFA_42 < NA and <br> LBFA_53 < NA | Number of total hours usually <br> worked for respondents with more <br> than one job |
| NS | (LBFA_42 = DK, R or NS) or <br> (LBFA_53 = DK, R or NS) | Respondent did not answer the <br> questions required for the variable |
| NA | LBFA_01 = NA | Population exclusions - <br> age < 15 and > 75 |
| NA | LBFA_42 = NA | Respondent did not work in past <br> year |

## 6) Full-time / part-time working status (for total usual hours)

Variable name: LBFADPFT
Based on: LBFADHPW
Description: The following variable indicates if the respondent works full-time or part-time.

| Value of LBFADPFT | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | LBFADHPW $>=30$ | Full-time |
| 2 | LBFADHPW $<30$ | Part-time |
| NS | LBFADHPW $=$ NS | Respondent did not answer the <br> required questions |
| NA | LBFADHPW = NA | Population exclusions - <br> age $<15$ and $>75$ <br> Or non-worker |

## 7) Job status over past year

Variable name: LBFAGJST
Based on: LBFA_01, LBFA_11, LBFA_22, LBFA_61, LBFA_71
Description: The following variable indicates the respondent's job status over the past year.

| Value of LBFAGJST | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | LBFA_61 = 52 <br> or <br> [(LBFA_61 + LBFA_71) < 52 and <br> (LBFA_71>0 and < 52) and <br> (LBFA_61 < 52)] | Respondent has had a job through past year |
| 2 | LBFA_71 = 52 or LBFA_22 = 2 | Respondent was without a job and either looking or not looking for work throughout the past year |
| 3 | [(LBFA_61 + LBFA_71) $=52$ and <br> (LBFA_71>0 and < 52) and <br> (LBFA_61 < 52)] <br> or <br> [LBFA_61 < 52 and <br> LBFA_71 = 0] | Respondent has had a job part of the year - was without a job and either looking or not looking for other part of the year |
| 4 | LBFA_71 < 52 and LBFA_21 = 2 and (LBFA_11 = 1 or LBFA_22 = 1) | Other |
| NS | (LBFA_22 = DK, R or NS) or (LBFA_61 = DK, R or NS) or (LBFA_71 = DK, R or NS) | Respondent did not answer the questions required for the variable |
| NA | LBFA_01 = NA | Population exclusions age < 15 and $>75$ |

## 8) Labour Force Activity of Students

Variable Name: LBFADSTU
Based on: SDCA_8, SDCA_9, LBFA_01, LBFA_02, LBFA_21
Description: The following variable represents the respondent's working status if were a student.

| Value of LBFADSTU | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (LBFA_01 = 1 or <br> LBFA_02 = 1 or <br> LBFA_21 = 1) and <br> SDCA_9 = 1 | Worked during last 12 months and currently attending school full-time |
| 2 | (LBFA_01 = 1 or <br> LBFA_02 = 1 or <br> LBFA_21 = 1) and <br> SDCA $9=2$ | Worked during last 12 months and currently attending school part-time |
| 3 | (LBFA_21 = 2) and SDCA_9 = 1 | Did not work during last 12 months and currently attending school fulltime |
| 4 | (LBFA_21 = 2) and SDCA_9 = 2 | Did not work during last 12 months and currently attending school parttime |
| NS | $\begin{aligned} & \hline \text { (LBFA_21 = DK, R or NS) or } \\ & \text { (SDCA_9 = DK, R or NS) } \\ & \hline \end{aligned}$ | Respondent did not answer question required for variable |
| NA | LBFA_01 = NA | Population exclusion age < 15 or > 75 |
| NA | SDCA_8 = 2 | Respondent is not currently attending school |

## Income (6 DVs)

## 1) Total Household Income - Main Source

Variable name: INCAG2
Based on: INCA_2
Description: The following variable groups the sources of total household income into 4 categories.

| Value of INCAG2 | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INCA_2 =1,2 | Wages/salaries or self-employment |
| 2 | INCA_2 $=4,5,10$ | Employment insurance or worker's <br> compensation or social assistance |
| 3 | INCA_2 $=6,7,8$ | Canada or Quebec pension or <br> retirement pensions or old age <br> security/GIS |
| 4 | INCA_2 $=3,9,11,12,13,14$ | Dividends/interest or child tax <br> benefit or child support or alimony <br> or other or none |
| NS | INCA_2 = DK, R or NS | Respondent didn't answer (don't <br> know, refusal, not stated) |

## 2) Income, 2 categories

Variable name: INCADIA2
Based on: DHHADHSZ, INCA_3A, INCA_3B, INCA_3C, INCA_3D, INCA_3E, INCA_3F, INCA_3G
Description: The following variable classifies the total household income into 2 categories based on total household income and the number of people living in the household.

| Value of INCADIA2 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (DHHADHSZ= 1 or 2 ) and [(INCA_3A = 3) or (INCA_3B = 1) or (INCA_3D = 1)] or <br> (DHHADHSZ= 3 or 4 ) and (INCA_3A = 1 or 3) or (DHHADHSZ >=5) and [(INCA_3A = 1 or 3 ) or (INCA_3F = 1)] | Low income <br> $<\$ 15,000$ if 1 or 2 people; <br> < $\$ 20,000$ if 3 or 4 people; <br> < $\$ 30,000$ if $5+$ people |
| 2 | (DHHADHSZ=1 or 2 ) and <br> [(INCA_3A = 2 or <br> (INCA_3D = 2)] <br> or <br> (DHHADHSZ 3 or 4) and <br> (INCA_3A = 2) <br> or <br> (DHHADHSZ >=5) and <br> [(INCA_3E = 2) or <br> (INCA_3F = 2)] | Middle or High Income $>=\$ 15,000$ if 1 or 2 people; <br> $>=\$ 20,000$ if 3 or 4 people; <br> $>=\$ 30,000$ if $5+$ people |
| NS | Else | Respondent didn't give enough information to be classified. |
| NS | INCA_3A = DK,R or NS | Respondent didn't answer (don't know, refusal, not stated) any income questions. |

## 3) Income, 4 categories

Variable name: INCADIA4
Based on: DHHADHSZ, INCA_3A, INCA_3B, INCA_3C, INCA_3D, INCA_3E, INCA_3F, INCA_3G
Description: The following variable classifies the total household income into 4 categories based on total household income and the number of people living in the household.

| Value of INCADIA4 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (DHHADHSZ=1 or 2 ) and <br> [(INCA_3A = 3) or <br> (INCA_3B = 1) or <br> (INCA_3D = 1)] <br> or <br> (DHHADHSZ= 3 or 4 ) and (INCA_3A = 1 or 3 ) or <br> (DHHADHSZ >=5) and [(INCA_3A = 1 or 3) or (INCA_3F = 1)] | Lowest income <br> < $\$ 15,000$ if 1 or 2 people; <br> $<\$ 20,000$ if 3 or 4 people; <br> < $\$ 30,000$ if $5+$ people |
| 2 | (DHHADHSZ = 1 or 2 ) and [(INCA_3D = 2) or (INCA_3F = 1)] or <br> (DHHADHSZ $=3$ or 4 ) and (INCA_3E = 1) or <br> (DHHADHSZ >=5) and [(INCA_3F = 2) or (INCA_3G = 1 or 2)] | Lower middle income <br> $\$ 15,000$ to $\$ 29,999$ if 1 or 2; <br> $\$ 20,000$ to $\$ 39,999$ if 3 or 4; <br> $\$ 30,000$ to $\$ 59,999$ if $5+$ |
| 3 | (DHHADHSZ = 1 or 2 ) and [(INCA_3F = 2) or (INCA_3G = 1 or 2)] <br> or <br> (DHHADHSZ $=3$ or 4 ) and (INCA_3G = 1, 2 or 3) or <br> (DHHADHSZ >=5) and (INCA_3G = 3) | Upper middle income $\$ 30,000$ to $\$ 59,999$ if 1 or 2; $\$ 40,000$ to $\$ 79,999$ if 3 or $4 ;$ $\$ 60,000$ to $\$ 79,999$ if $5+$ |
| 4 | (DHHADHSZ = 1 or 2 ) and (INCA_3G = 3 or 4 ) or (DHHADHSZ >= 3) and (INCA_3G = 4) | $\begin{aligned} & \text { Highest Income } \\ & >\$ 60,000 \text { if } 1 \text { or } 2 ; \\ & >\$ 80,000 \text { if } 3+ \end{aligned}$ |
| NS | Else | Respondent didn't give enough information to be classified. |
| NS | INCA_3A = DK, R or NS | Respondent didn't answer (don't know, refusal, not stated) any income questions. |

## 4) Income, 5 categories

Variable name: INCADIA5
Based on: DHHADHSZ, INCA_3A, INCA_3B, INCA_3C, INCA_3D, INCA_3E, INCA_3F, INCA_3G
Description: The following variable classifies the total household income into 5 categories based on total household income and the number of people living in the household.

| Value of INCADIA5 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (DHHADHSZ < 5) and [(INCA_3A = 3) or (INCA_3B = 1)] or <br> (DHHADHSZ >=5) and [(INCA_3A = 3) or (INCA_3B = 1) or (INCA_3D = 1)] | Lowest Income <br> < $\$ 10,000$ if 1 to 4 people; <br> < \$15,000 if 5+ people |
| 2 | (DHHADHSZ = 1 or 2 ) and (INCA_3D = 1) <br> or <br> (DHHADHSZ $=3$ or 4 ) and (INCA_3B = 2) <br> or <br> (DHHADHSZ > = 5) and [(INCA_3D = 2) or (INCA_3F = 1)] | Lower Middle Income $\$ 10,000$ to $\$ 14,999$ if 1 or 2; $\$ 10,000$ to $\$ 19,999$ if 3 or 4; $\$ 15,000$ to $\$ 29,999$ if $5+$ |
| 3 | (DHHADHSZ = 1 or 2 ) and [(INCA_3D = 2) or (INCA_3F = 1)] or <br> (DHHADHSZ $=3$ or 4 ) and (INCA_3E = 1) or (DHHADHSZ >=5) and [(INCA_3F = 2) or (INCA_3G = 1 or 2 )] | Middle Income <br> $\$ 15,000$ to $\$ 29,999$ if 1 or 2 ; <br> $\$ 20,000$ to $\$ 39,999$ if 3 or 4; <br> $\$ 30,000$ to $\$ 59,999$ if $5+$ |
| 4 | (DHHADHSZ = 1 or 2 ) and [(INCA_3F = 2) or (INCA_3G = 1 or 2)] or (DHHADHSZ $=3$ or 4 ) and (INCA_3G = 1, 2 or 3 ) or (DHHADHSZ >=5) and (INCA_3G = 3) | Upper Middle Income $\$ 30,000$ to $\$ 59,999$ if 1 or 2; $\$ 40,000$ to $\$ 79,999$ if 3 or 4; $\$ 60,000$ to $\$ 79,999$ if $5+$ |
| 5 | (DHHADHSZ = 1 or 2 ) and (INCA_3G = 3 or 4 ) or <br> (DHHADHSZ > = 3) and <br> (INCA_3G = 4) | Highest Income $>\$ 60,000$ if 1 or 2 ; $>\$ 80,000$ if $3+$ |
| NS | Else | Respondent didn't give enough information to be classified. |
| NS | INCA_3A = DK, R or NS | Respondent didn't answer (don't know, refusal, not stated) any income questions. |

## 5) Total household income, all sources

Variable name: INCAGHH
Based on: INCA_3A, INCA_3B, INCA_3C, INCA_3D, INCA_3E, INCA_3F, INCA_3G
Description: The following variable groups the total household income from all sources.

| Value of INCAGHH | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INCA_3A $=3$ | No income |
| 2 | INCA_3C $=1$ or 2, or INCA_3D $=1$ | Less than $\$ 15,000$ |
| 3 | INCA_3D $=2$ or INCA_3F = 1 | $\$ 15,000$ TO $\$ 29,999$ |
| 4 | INCA_3F $=2$ or INCA_3G $=1$ | $\$ 30,000$ TO $\$ 49,999$ |
| 5 | INCA_3G $=2$ or INCA_3G $=3$ | $\$ 50,000$ TO $\$ 79,999$ |
| 6 | INCA_3G $=4$ | $\$ 80,000$ or more |
| NS | Else | Respondent didn't give enough <br> information to be classified. |
| NS | INCA_3A = DK, R or NS | Respondent didn't answer (don't <br> know, refusal, not stated) any <br> income questions. |

## 6) Personal income, all sources

Variable name: INCAGPER
Based on: INCA_4A, INCA_4B, INCA_4C, INCA_4D, INCA_4E, INCA_4F, INCA_4G
Description: The following variable determines the respondent's personal income from all sources.

| Value of INCAGPER | Condition(s) | Explanation |
| :---: | :--- | :--- |
| 1 | INCA_4A $=3$ or NA | No income |
| 2 | INCA_4C $=1$ or 2, or INCA_4D $=1$ | Less than $\$ 15,000$ |
| 3 | INCA_4D $=2$ or INCA_4F $=1$ | $\$ 15,000$ TO $\$ 29,999$ |
| 4 | INCA_4F $=2$ or INCA_4G $=1$ | $\$ 30,000$ TO $\$ 49,999$ |
| 5 | INCA_4G $=2$ or INCA_4G $=3$ | $\$ 50,000$ TO $\$ 79,999$ |
| 6 | INCA_4G $=4$ | $\$ 80,000$ or more |
| NS | Else | Respondent didn't give enough <br> information to be classified. |
| NS | INCA_4A $=$ DK, R or NS | Respondent didn't answer (don't <br> know, refusal, not stated) any <br> income questions. |
| NA | DHHA_AGE $<15$ | Population exclusion - Age $<15$ |

## Food insecurity (1 DV)

## 1) Flag indicating food insecurity

Variable name: FINAF1
Based on: FINA_1, FINA_2, FINA_3
Description: The following variable represents whether the respondent had any food insecurity in the past 12 months.

| Value of FINAF1 | Condition(s) | Explanation |
| :---: | :---: | :---: |
| 1 | (FINA_1 = 1 or 2 ) or (FINA_2 = 1 or 2 ) or (FINA_3 = 1 or 2) | Respondent has some food insecurity in the past 12 months |
| 2 | (FINA_1 = 3) and (FINA_2 = 3) and (FINA_3 = 3) | Respondent does not have food insecurity |
| NS | (FINA_1 = DK, R or NS) or (FINA_2 = DK, R or NS) or (FINA 3 = DK, R or NS) | Respondent didn't answer (don't know, refusal, not stated) at least one question in the section. |

